



Definition:

Acne vulgaris is a chronic inflammatory disease of the pilosebaceous units It is characterized by the formation of comedones, papules and pustules, less frequently by nodules and cystes

Pathogenesis of Acne vulgaris:

- Acne vulgaris is a follicular disease, with comedo formation produced by the impaction and distension of the follicles with tightly packed horny cells
- Disruption of the follicular epithelium permits discharge of the contents into the dermis . This, in turn, causes the formation of inflammatory papules, pustules, nodules and cysts

Etiology:

- * Genetic factors
- * Androgenic stimulation of sebaceous glands
- * Ductal hyperconification
- * Presence of abnormal microbial flora *Porpinbacterium* acnes
- * Mediation of inflammation

Clinical Picture of Acne vulgaris:

- * It is a disease of adolescents and young adults
- * Both sexes are equally affected
- * Sites of affection the face (99%)
 - the back (60%)
 - the chest (15%)
- * It is a polymorphic disease (comedones, papules, Pustules, nodules, Cysts and postinflammatory erythema, pigmentation and scarring





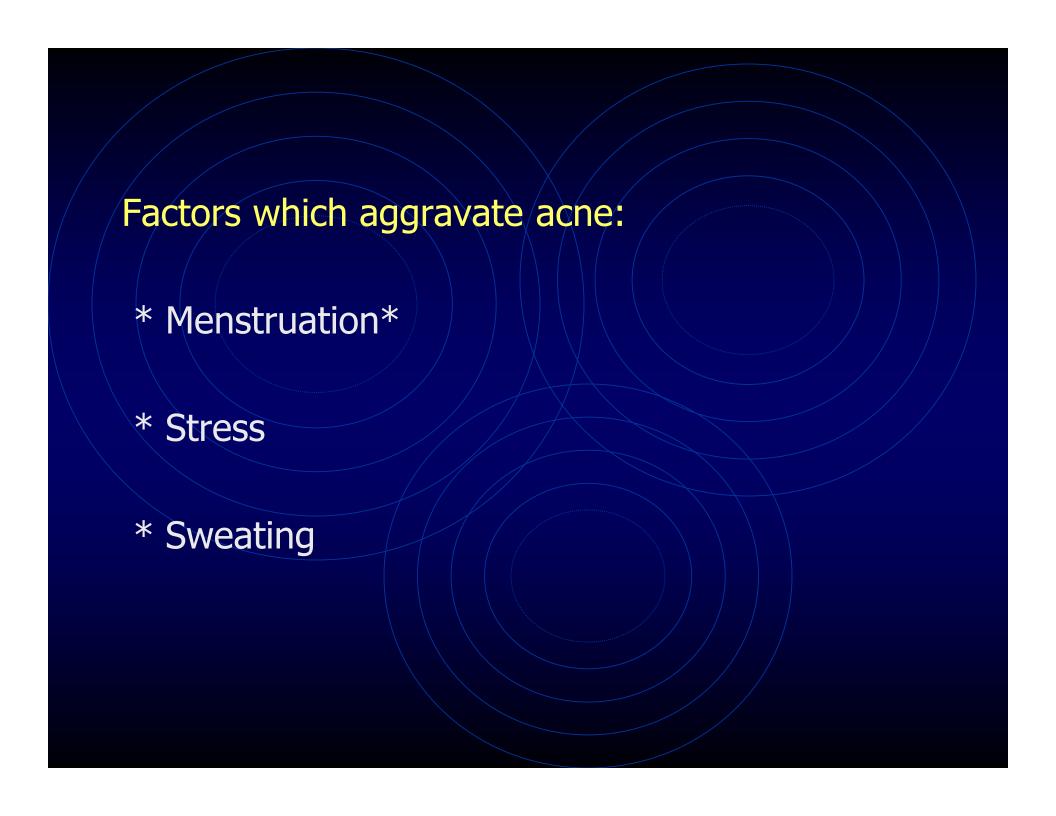












Treatment of Acne vulgaris

A- Topical Therapy

- * Topical antibiotics e.g. tetracycline, erythromyicin
- * Benzoyl peroxide (5 %)
- * Retinoic acid (0.025 0.05%)
- * Azeleic acid (20%)

B- Systemic Therapy

- * Antibiotics (tetracycline, minocycline, erythromyicin, clindamycin and cotrimoxazole)
- * Antiandrogens
- * Systemic retinoids
- * Systemic steroids



