











(5) Tinea pedis (Ringworm of the feet)

■ *Most common fungal infection (Athlete's foot),
more in adult males*

■ **Predisposing factors :**

1- Wearing of tight shoes

2- Communal showers

3- Swimming baths

4- Hyperhydrosis

■ Clinical varieties :

1- Interdigital variety : (commonest form)

peeling, maceration & fissuring affecting lateral toe clefts; may involve undersurface of the toes

2- Squamous hyperkeratotic variety : very chronic & resistant to treatment; characterized by erythema & scaling may involve entire sole & sides of feet

3- Vesiculobullous variety : acute vesicular or bullous eruption may involve entire sole

■ *Patient may complain of itching, bad smell or 2ry bacterial infection.*

■ **Treatment :**

1- Dry the feet thoroughly after bathing

2- Antifungal powder on feet of susceptible persons

3- Topical antifungals for mild cases & systemic for extensive lesions









Vesiculobullous variety



DOIA

(c) University Erlangen,
Department of Dermatology
Phone: [+49] 9131- 85 - 2727

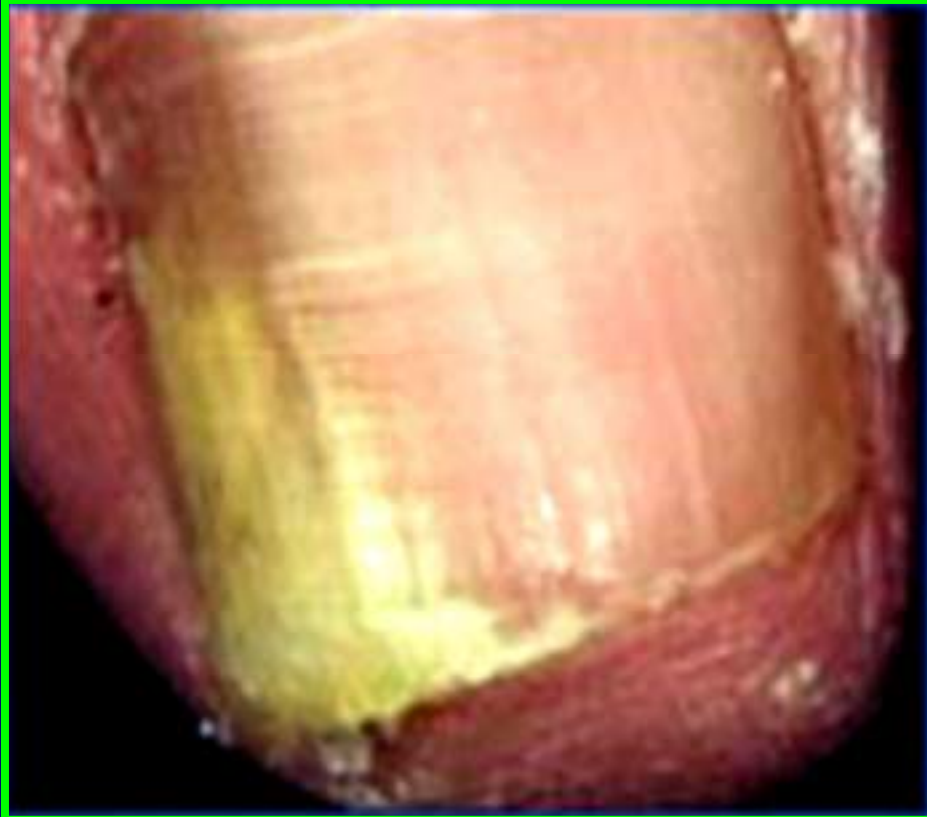
*Squamous
hyperkeratotic
type*



(6) Onychomycosis (Tinea unguium)

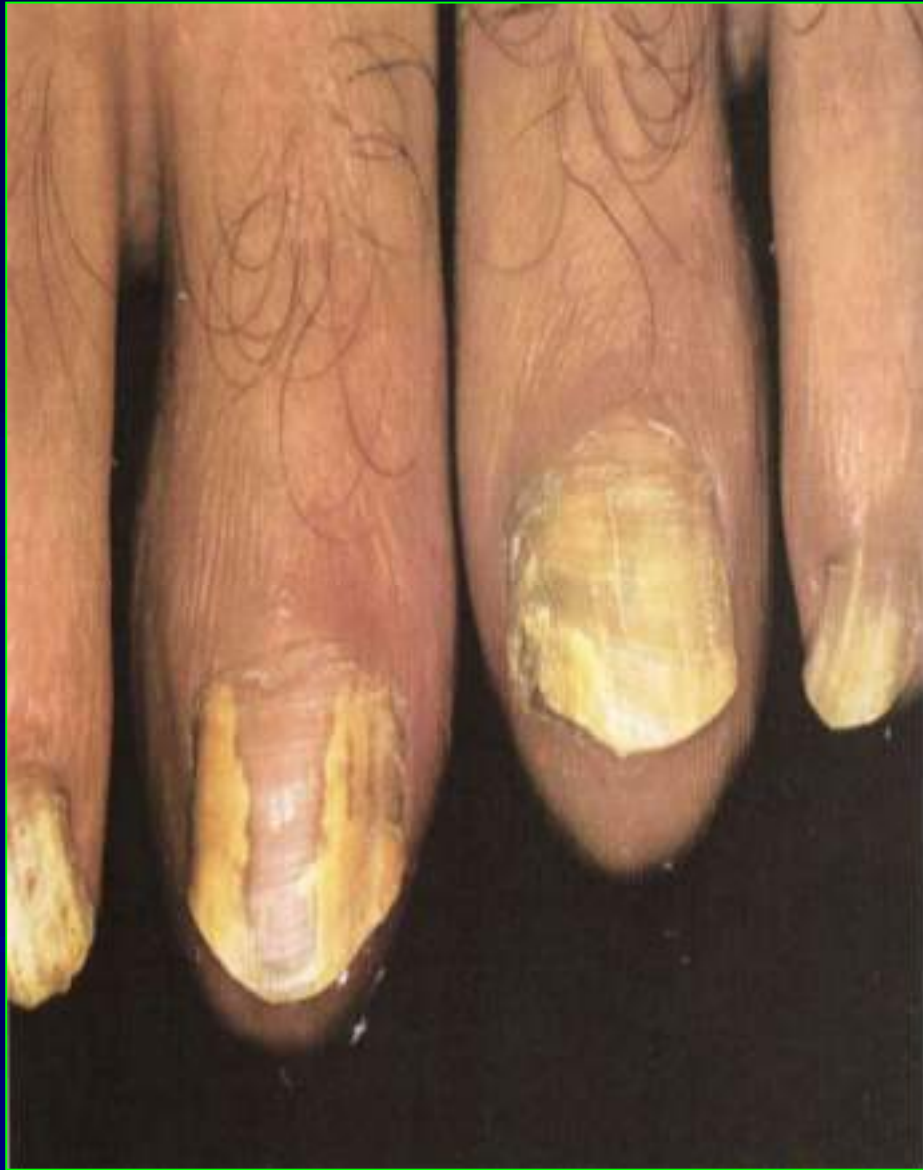
- *Nail plate becomes thickened, discolored and cracked with accumulation of subungual hyperkeratosis*
- *Later on; onycholysis and massive destruction of nail plate*
- **Treatment :**
 - *Oral antifungals; oral terbinafine of choice*
 - *Used for 6 weeks in finger nails & for 12 weeks for toe nails*

Early Stage of Infection



Later Stage of Infection













YEAST INFECTIONS

Pityriasis versicolor (Tinea versicolor)

- *Mild, chronic fungal infection; caused by **Malassezia furfur***
- *More common in tropical climates; with onset commonly in warmer months of year*
- *Mainly in young adults*



*Spaghetti and meatballs
appearance*

■ **Clinical picture :**

Patient complains of change of skin color or mild itching. Primary lesion is sharply demarcated macule covered by fine branny scales. lesions may coalesce to form large confluent areas & scattered oval patches

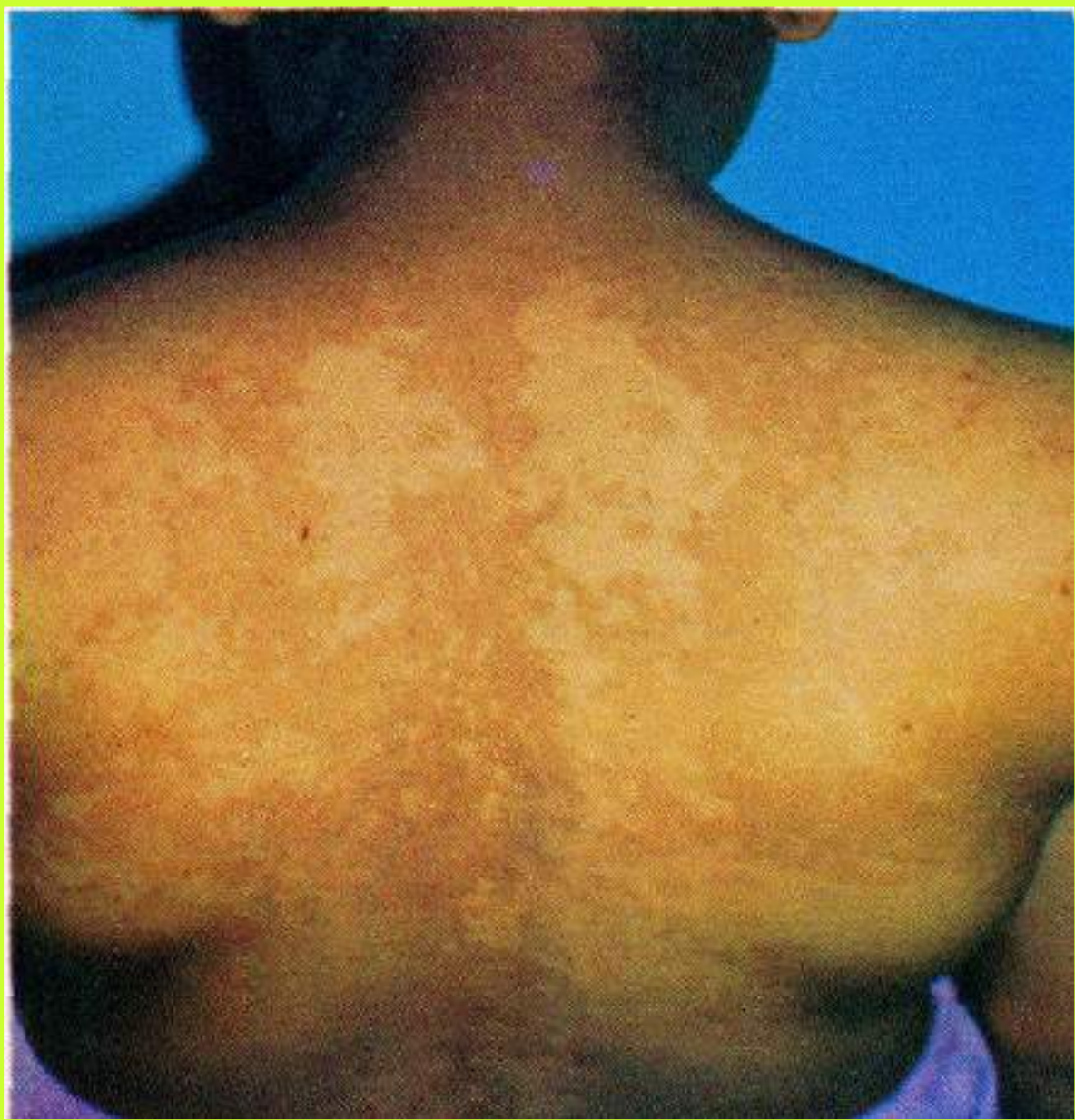
■ *Patches are yellowish or brownish in white skin and hypo pigmented in dark skin*

■ **Sites :** *chest, upper arms, abdomen, back, neck & intertriginous areas*









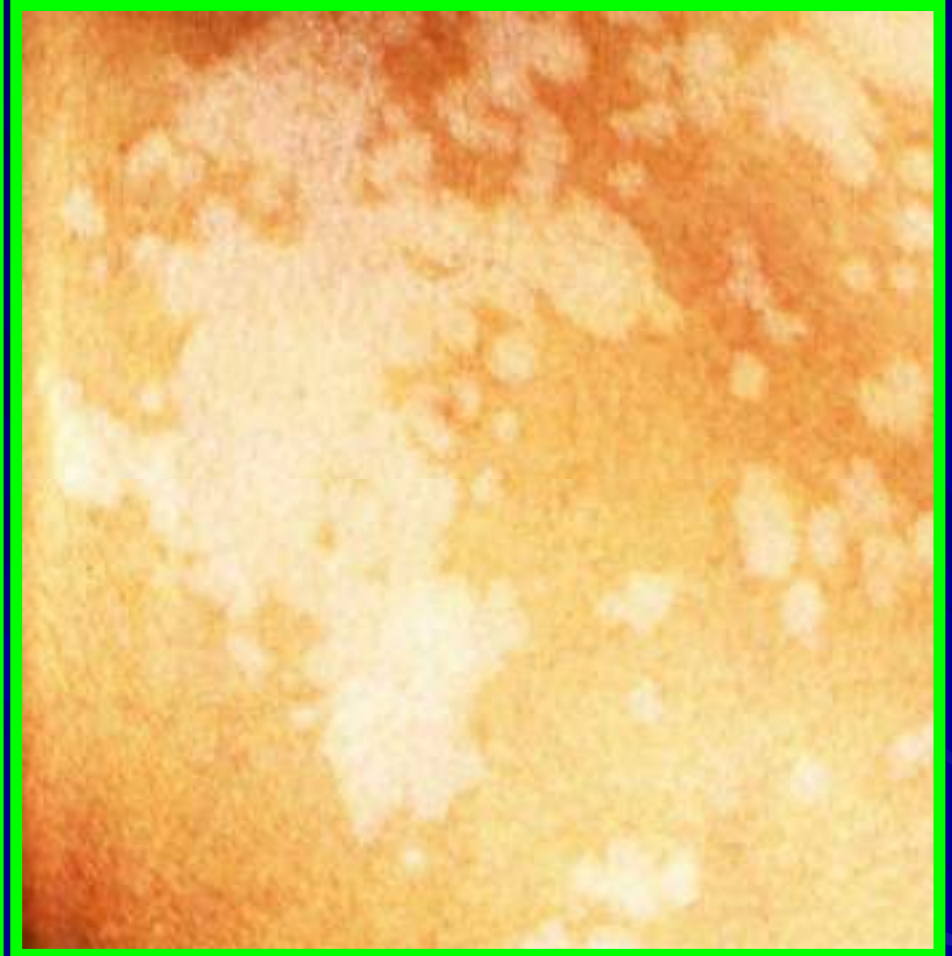














Follicular type

■ *Relapse is very common*

■ **Treatment :**

1- Topical antifungals daily for 2-3 weeks

2- Ketoconazole 2% shampoo

3- Selenium sulphide 2-5 % shampoo

4- Sodium hyposulphide 20 % solution

*5- Oral ketoconazole, fluconazole & Itraconazole
(oral terbinafine & griseofulvin are ineffective)*

Other cutaneous disorders associated with *Malassezia* yeasts

- 1) Seborrheic dermatitis
- 2) Atopic dermatitis
- 3) Pityrosporum folliculitis
- 4) Sebopsoriasis
- 5) Confluent and reticulate papillomatosis

Candidiasis

■ Causative fungi :

Candida albicans (normal inhabitant at various sites as gut, mouth & vagina) or *other species of candida*.

■ Predisposing factors :

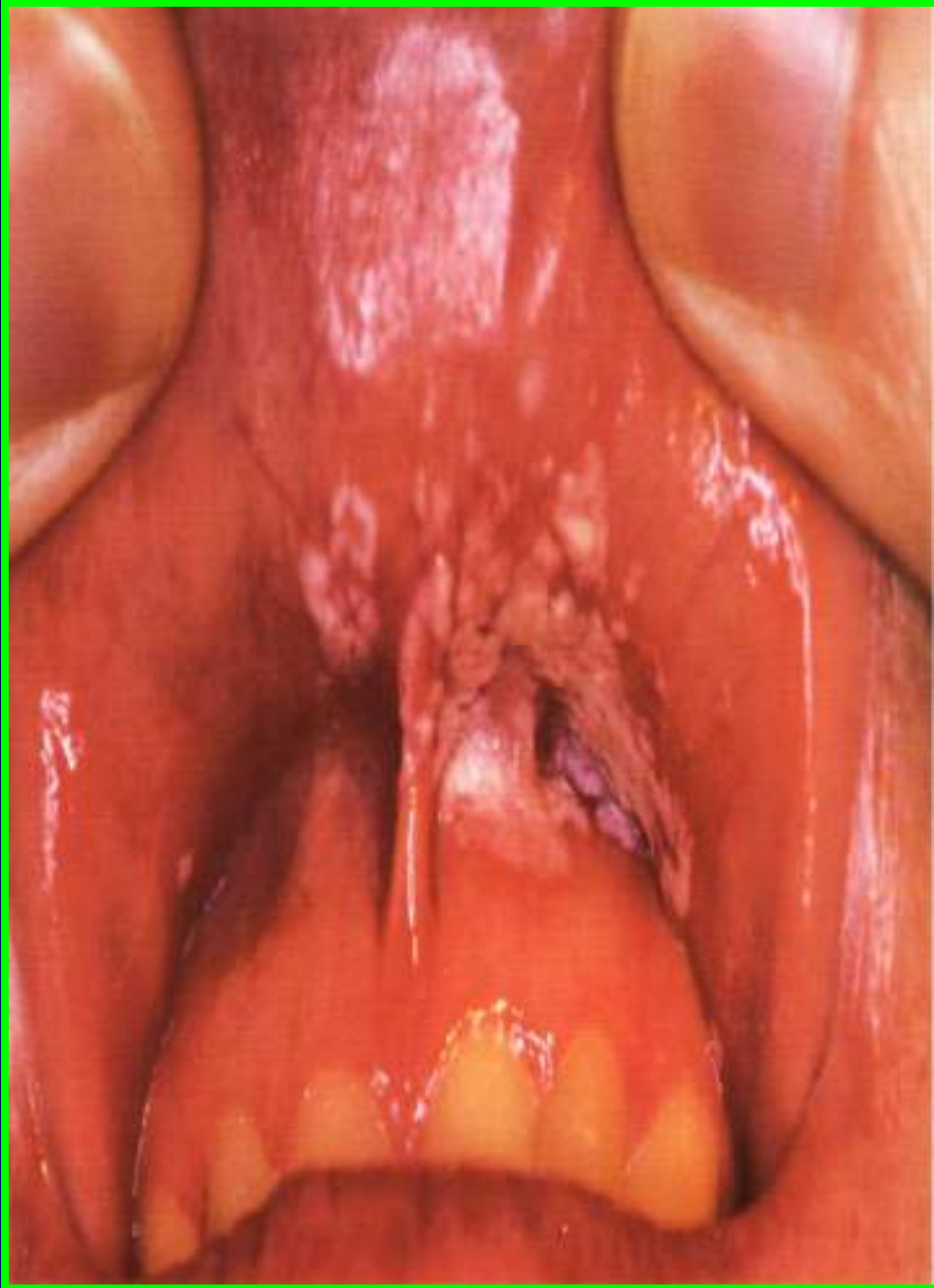
- 1- Warmth, moisture & maceration of skin
- 2- Drugs :e.g. prolonged use of steroids, antibiotics & immunosuppressives

*3- Chronic debilitating diseases :e.g. DM,
lymphoma & carcinoma*

4-AIDS

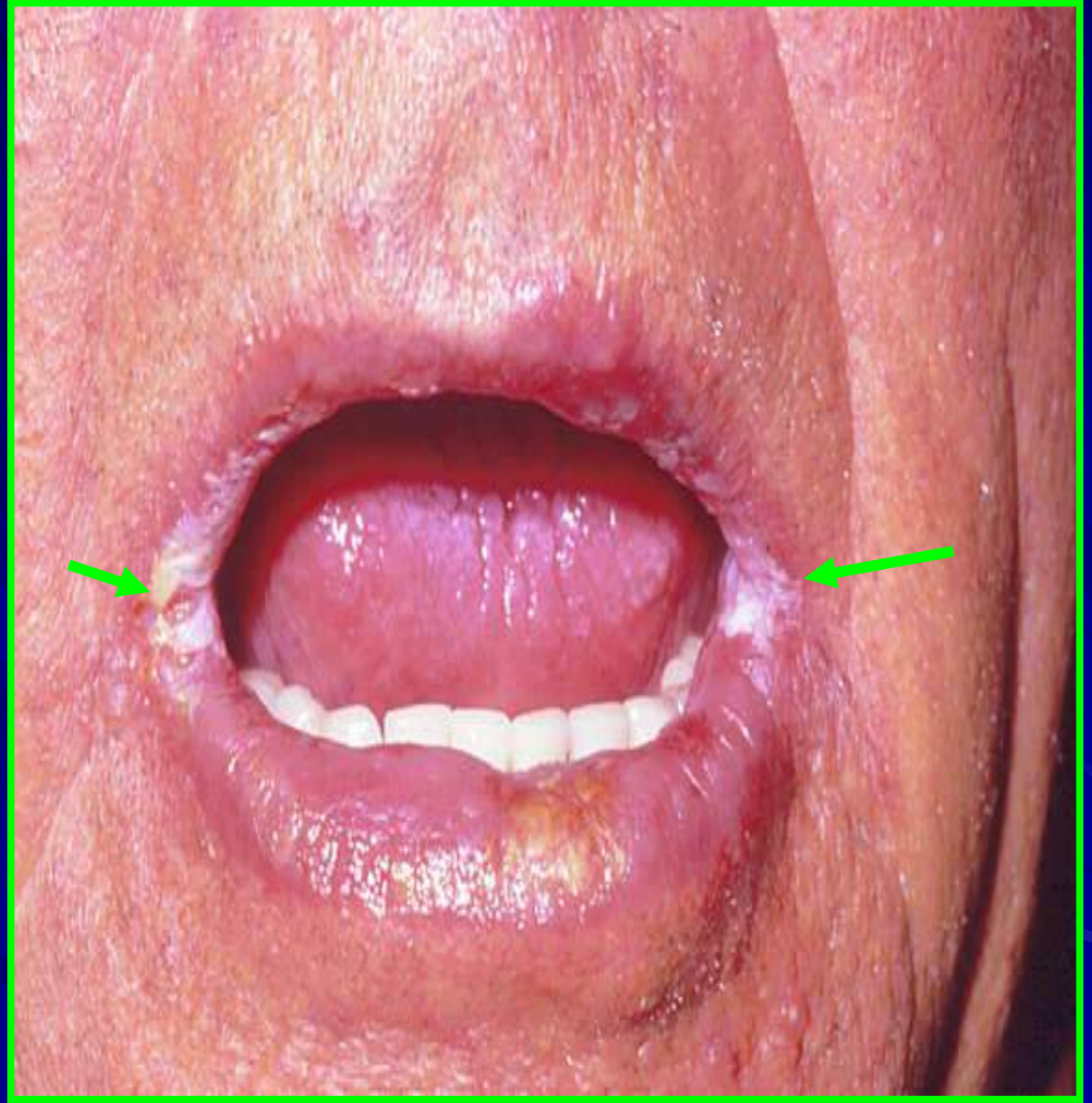
 Clinical manifestations :

*1- Oral candidiasis (thrush): sharply defined
patch of creamy, curd-like, white
pseudomembrane, when removed → an
erythematous base*





*2- Perleche
(angular
stomatitis):
maceration
with
transverse
fissuring of
the angles of
the mouth*



3- *Candidal vulvovaginitis* : labia are erythematous, moist & macerated; cervix is hyperaemic, swollen & eroded with some vesicles on its surface.
Vaginal discharge is thick & tenacious

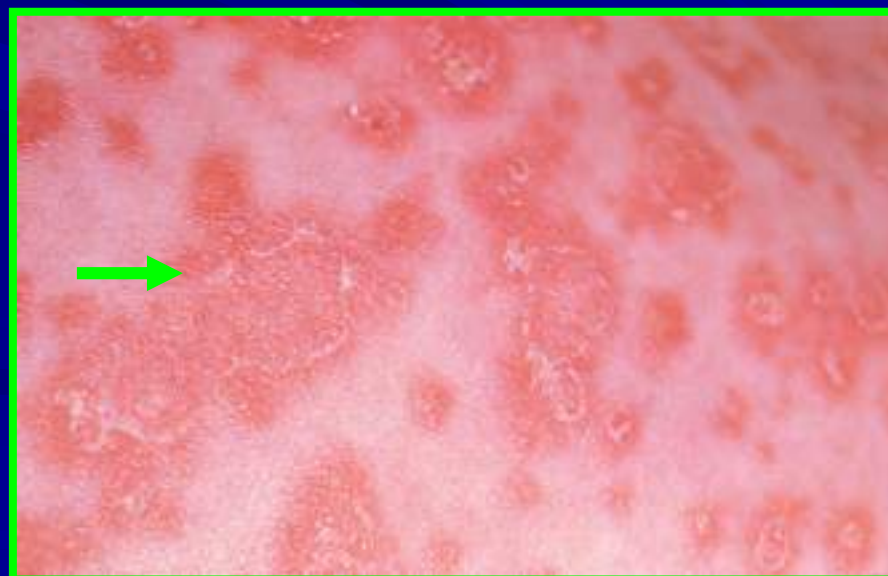




4- *Candidal intertrigo* : in skin folds, esp. in obese











Interdigital candidiasis

5- Napkin candidiasis : enhanced by maceration
produced by wet diapers







6- *Candidal paronychia* : *cushion-like*

thickening of paronychial tissue, erosions of lateral borders of nail, gradual thickening & discoloration of nail plates, with development of transverse ridges. More in those whose hands are frequently in water as housewives & cooks



■ Treatment :

1- *Topical nystatin*

2- *Topical imidazoles*

3- *Systemic treatment; with ketoconazole,
fluconazole & Itraconazole*

A vibrant field of sunflowers under bright sunlight. In the foreground, a large sunflower is in sharp focus, showing its bright yellow petals and dark brown center. The background is a vast field of similar sunflowers, slightly blurred, creating a sense of depth. The overall mood is cheerful and positive.

THANK
YOU