



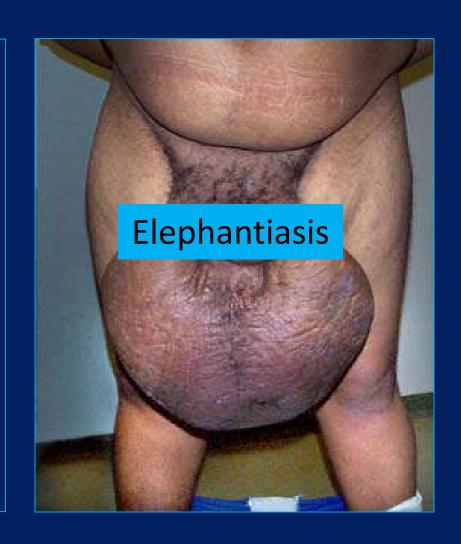
BY

Elnisr Rashed

M.D. Urology



- Common conditions:
 ~15% of males.
- Patients tend to present later in the disease process.
- Some lesions potentially life threatening:
 - Testicular cancer.
 - Fournier's gangrene.



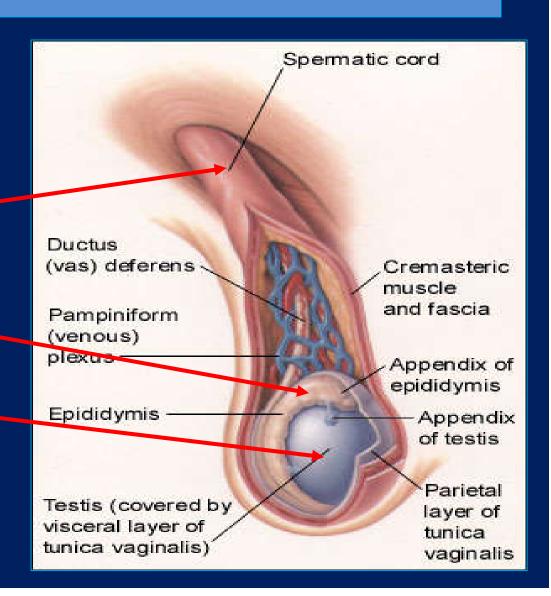
- Benign lesions more common than malignant.
- Malignant lesions are most likely intratesticular than paratesticular
- Testicular cancer is the most curable solid tumor (esp. if caught early)





Anatomy

- Spermatic Cord.
- Epididymis.
- Testicle.





Anatomy (Cont.)

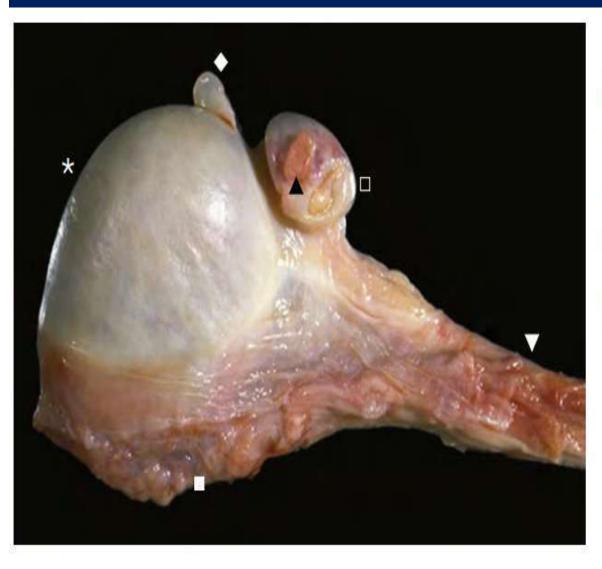
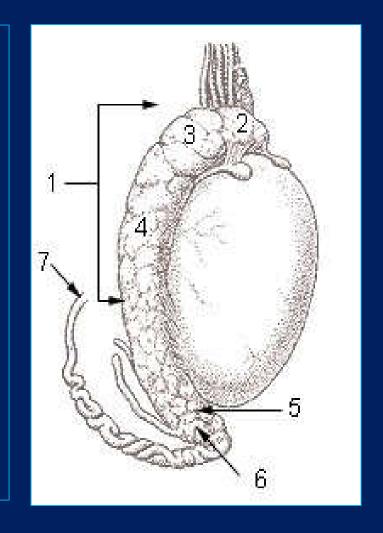


Figure 12-9 Normal testis, gross

Here is a normal testis and adjacent structures, including the body of the testis (*), epididymis (\square) , and spermatic cord (▼). Note the presence of two vestigial structures, the appendix testis (◆) and the appendix epididymis (A). The pampiniform plexus of veins (a) lies posterior to the body of the testis. The normal testis descends down into the lower abdomen under the influence of müllerian inhibiting substance. Final descent into the scrotum in the third trimester of fetal development occurs under the influence of increasing androgens. Failure of the testis to descend normally results in cryptorchidism. The Leydig cells of a cryptorchid testis function normally, but the increased body temperature diminishes spermatogenesis.

Anatomy (Cont.)

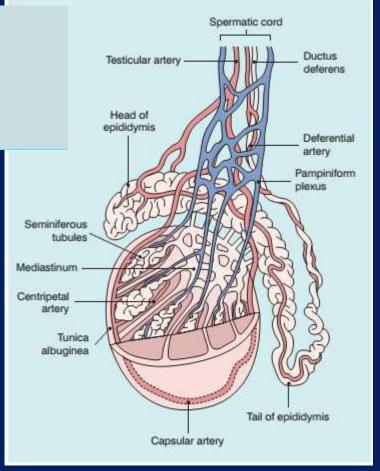
- 1.Epididymis
- 2 .Head of epididymis
- 3 .Lobules of epididymis
- 4 .Body of epididymis
- 5 .Tail of epididymis
- 6 .Duct of epididymis
- 7 .Deferent duct (ductus deferens or vas deferens)



Anatomy (Cont.)



- Testicular artery.
 - Branch off aorta.
 - Major intra-testicular blood supply.
- Cremasteric artery.
- Deferential artery.
 - Extra-testicular blood supply





Clinical Questions:

- 1) Is it <u>Cutaneous</u> or <u>Intra-scrotal</u> lesion?
- 2) Is it *intra- or extra-testicular*?
- 3) What is the patients <a>age?
- 4) Is the *onset* acute or chronic?
- 5) Is it *painful or Not*?
- 6) Does it **trans-illuminate**?
- 7) Are there <u>urinalysis</u> findings?



- 1. Cutaneous Lesions:
- 2. Intra-scrotal Lesions:
 - a. Extra-testicular;
 - a. Epididymis.
 - b. Spermatic cord.
 - c. Appendages.
 - b. Intra-testicular;
 - Testes.



1- Cutaneous Scrotal Lesions

A. Benign

- Angio-keratoma.
- Psoriasis.
- Epidermal cysts.
- Vitiligo.

B. Malignant

- Squamous cell carcinoma.
- Kaposi's sarcoma.

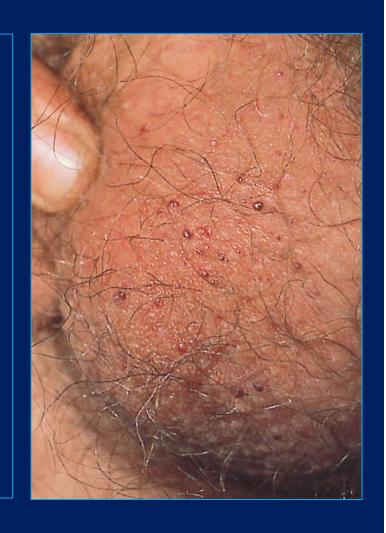
C. Infectious

- Condyloma.
- Tinea cruris.
- Fournier's gangrene.



Angio-keratoma

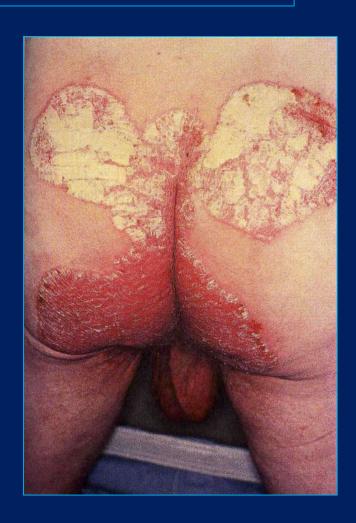
- Ectatic dermal blood vessels.
- 1-2mm papules.
- Benign.
- May bleed recurrently & profusely requiring cauterization.





Psoriasis

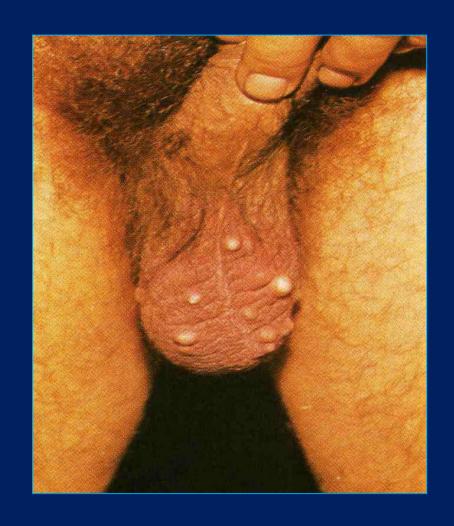
- May involve groin & scrotum
- Red plaques with white scale patches.
- Occurs elsewhere.
- Treatment:
 - Topical steroids.
 - Emollients.
 - Systemic steroids
 - Psoralian.
 - PUVA.





Epidermal cysts

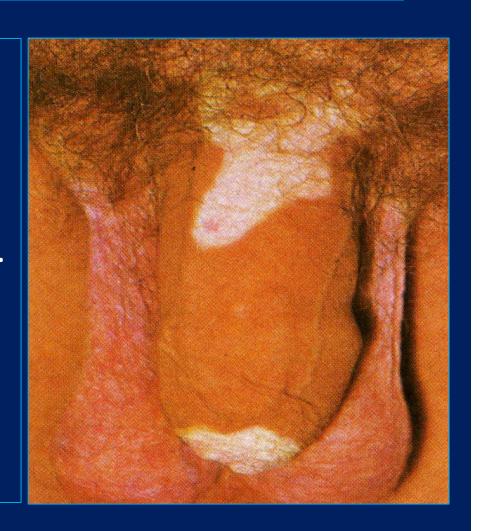
- Very common.
- Benign.
- Liable to recurrence.
- Local resection if symptomatic/painful.





Vitiligo

- ~1% of population.
- Skin depigmentation.
- Genitalia commonly involved.
- May regress spontaneously.
- Treatment:
 - Reassurance.
 - UV light.
 - Corticosteroids.

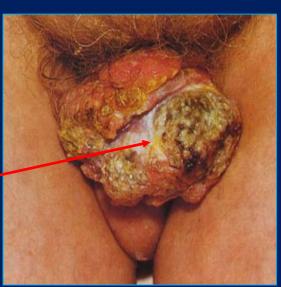


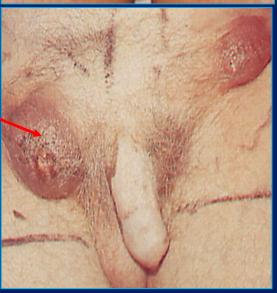


Squamous Cell Carcinoma

Aetiology:

- Industrial exposure.
- Viral (HPV).
- Hygiene.
- Chronic ulcerative, enlarging lesion.
- Delay in presentation.
- Inguinal metastases common.
- Wide local excision.
- Outcome:
 - Dependent on nodal involvement.

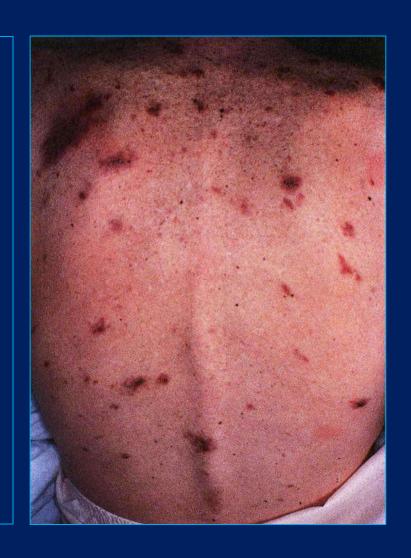






Kaposi's Sarcoma

- Associated with HIV-1.
- Increasing in incidence.
- Light brown in colour.
- 3% of men with AIDS will initially present with genital Kaposi's.
- Treatment if irritating or cosmetically bothersome.
 - Intra-lesional chemotherapeutics.
 - Local excision.





Condyloma

- Papillary, cauliflower-like proliferations.
- Human papilloma virus (6 & 11)
- Treat symptomatic lesions:
 - Podophyllin.
 - Imiquimod (Aldara™),
 - Cautery/liquid N2,
 - Laser ablation,
- Cannot be cured of the underlying viral infection





Tinea cruris

- Fungal infection "jock itch"
- Causative agent (Trichophyton sp.)
- chronic hyperpigmented area within the inguinal folds.
- Treated with;
 - Topical anti-fungals.
 - Sytematic anti-fungals.
 - Local skin care.





Fournier's gangrene

- Necrotizing fasciitis of the deep Cutaneous structures and fascia.
- Painful, necrotic, foul smelling lesions.
- A life threatening disease!
- Common in diabetics and immune-compromised patients.
- Requires prompt diagnosis.
- Treatment:
 - Extensive debridement of affected tissues.
 - Broad spectrum antibiotics.







2- Intra-scrotal Lesions A-Extra-testicular

Benign

- Testicular Torsion
- Torsion of Testicular Appendage
- Hydrocele
- Haematocele
- Spermatocele
- Epididymitis
- Varicocele
- Hernia

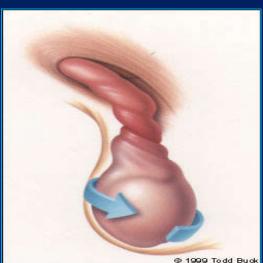
Neoplastic

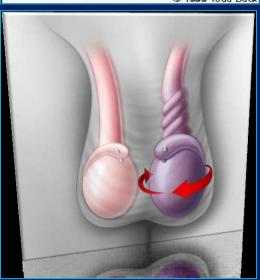
- Adenomatoid tumour of epididymis
- Sarcoma



Testicular Torsion

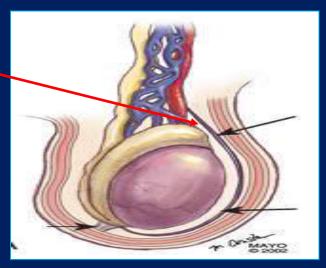
- Urologic emergency.
- Early diagnosis and treatment are vital;
 - To saving the testicle.
 - To preserving future fertility.
- "Bell clapper deformity"





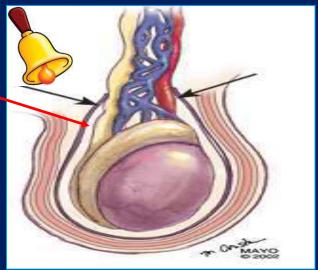


• The tunica vaginalis does not completely surround the testis and epididymis, which are attached to the posterior scrotal wall.



Bell-clapper anomaly.

The tunica vaginalis completely surrounds the testis, epididymis, and part of the spermatic cord, predisposing to torsion.



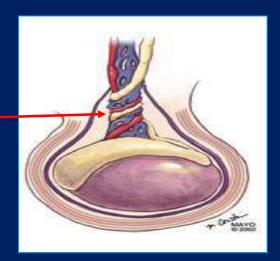


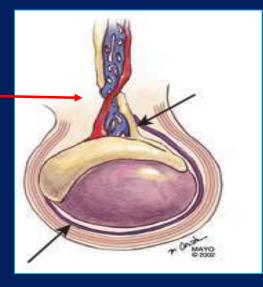
Types:

- Intra-vaginal Torsion.
 - More common
 - In adolescents
 - bell clapper deformity.



- Less common.
- in newborns.
- No bell clapper deformity.







Testicle rotates on spermatic cord

Venous occlusion, edema

Arterial ischemia

Infarction

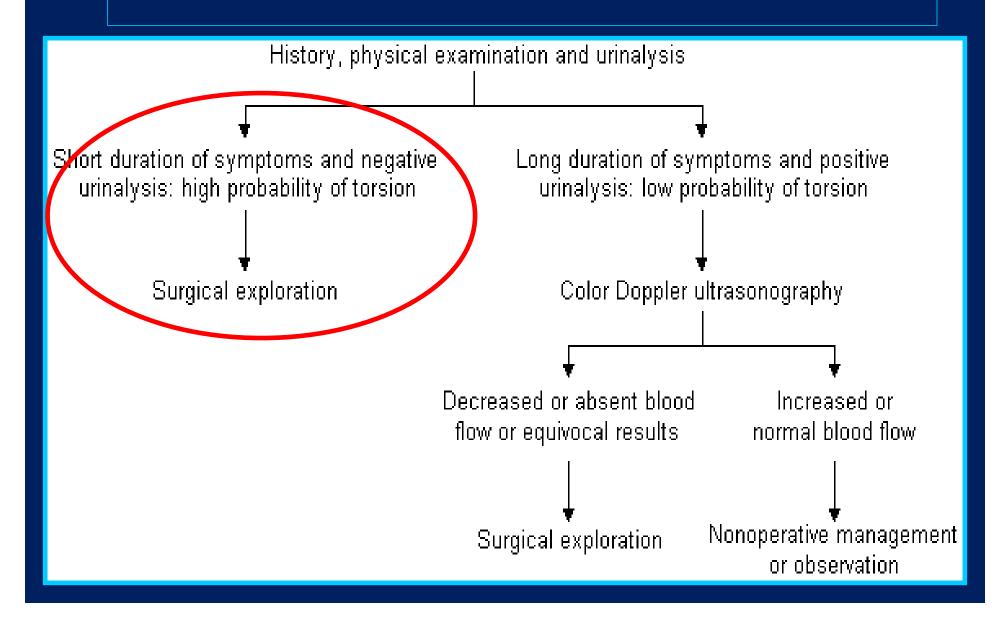




Presentation and finding:

- Acute severe testicular pain.
- Tender, swollen and hang higher up testis.
- Scrotal skin become red, hot and edematous.
- Palpation may feel the twisted cord.
- Pain increases or not improved by raising the testis.
- Previous episodes, spontaneous resolution.
- Related to activity, trauma, during sleep.
- Nausea, vomiting, abdominal pain, fever.

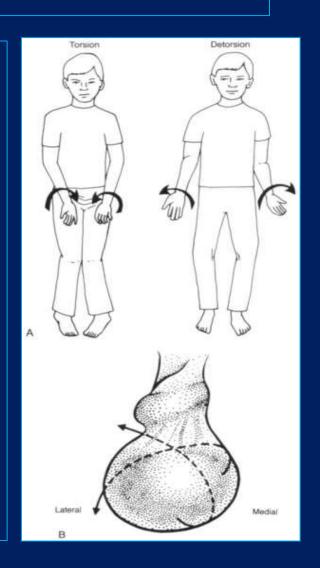






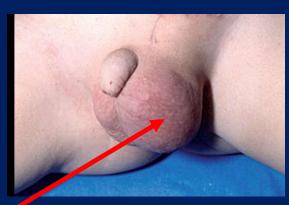
Treatment:

- Non-operative.
 - Untwist the testis from medial to lateral (opening a book)
 - May need to rotate 2-3 times for complete detorsion.
- Surgical.
 - Failure of non-operative reduction.
- Operation.
 - The testis is de-rotated and fixed.
 - The gangrenous testis is removed.





- Prompt surgical exploration:
- Testis can be salvaged;
 - 97% within <6 hours.
 - 60 % within < 12 hours.
 - <10% within >24 hours.







Torsion



Age?

Acute or Chronic?

Painful?

Trans-illuminates?

Intra-Testicular?

Urinalysis?

12-25 (75%)

Acute

Yes, markedly

No

No (pain)

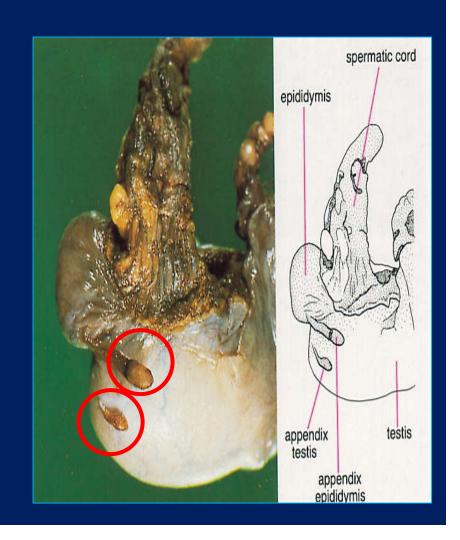
Negative

** This requires urgent attention**



Torsion of Testicular Appendages

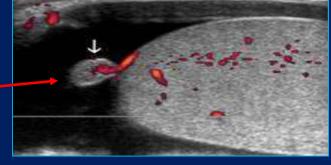
- Torsion of the appendix testes or appendix epididymis.
- Blue dot sign (seen on scrotum).
- More focal pain (upper hemiscrotum).
- Often difficult to distinguish from other causes.
- Treatment:
 - Conservative
 - NSAID's





Torsion of Testicular Appendages (cont.)

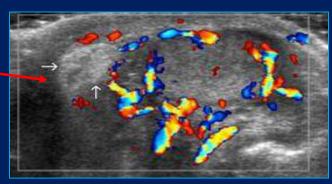
Scrotal ultrasound.



Blue dot sign.



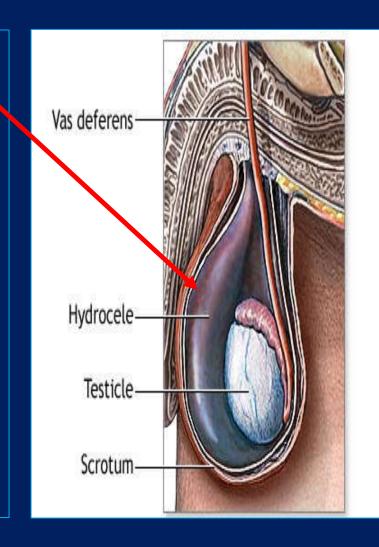
Non-vascular____
 appendix testis.





Hydrocele

- A collection of serous fluid between the two layers of the tunica vaginalis.
- 1% of all males.
- Very common benign scrotal mass.
- Etiology: Increased production or decreased absorption of fluid by scrotal lymphatics.



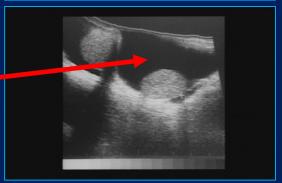


Hydrocele (Cont.)

- Types:
 - Congenital.
 - **❖**Infantile.
 - Encysted Hydocele.
 - Acquired.
 - Vaginal.
 - Post-varicoclectomy.
 - Post-inflammatory.
 - Post-herniotomy.
- Trans-illumination.
- Scrotal ultrasound.









Hydrocele (Cont.)

Treatment: (Hydrocelectomy)

- Large
- Bothersome
- Socially embarrassing
- Uncomfortable









Hydrocele (Cont.)

Age?

Acute or Chronic?

Painful?

Trans-illuminates?

Intra-Testicular?

Urinalysis

<1 years, >40 years

Chronic (usually)

No

Yes

No, surrounding

Normal



Haematocele

- Haemorrhage into the tunica vaginalis
 - direct trauma.
 - hemorrhagic diseases.
- Long-standing cases; thickened with dense fibrous tissue coated tunica vaginalis with calcifications.

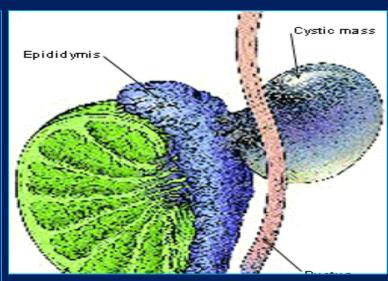


Figure 21.3 Haematocele testis. Sectioned surface of the sac shows thick wall coated internally by brownish, tan and necrotic material which is organised blood clot (arrow).



Spermatocele

- A sperm containing cyst arising from the head of the epididymis.
- Caused by ductal obstruction.
 - Traumatic.
 - Inflammatory.
 - Idiopathic.
- Lesion is usually discrete from the testicle (superior).
- Excise if large & bothersome.







Spermatocele (Cont.)

Age?

Acute or Chronic?

Painful?

• Trans-illuminates?

Intra-Testicular?

Urinalysis?

>40 years

Chronic

No

Yes

No (superior)

Normal



Epididymitis

- Inflammation of the epididymis
- Generally due to ascending or haematogenous bacterial infection
- Etiology:
 - <35 years: C. trachomatis or N. gonorrhea
 - >35 years: Gram negative (E. Coli)



Epididymitis (Cont.)

Examination:

- Erythematous or indurated scrotal skin.
- No trans-illumination.

Complications:

- Abscess.
- Infertility.
- Testicular infarction.
- Chronic pain.







Epididymitis

RULE OUT TESTICULAR TORSION!

- Doppler ultrasound.
- Scrotal exploration.

Treatment:

- Bed rest, scrotal support.
- NSAID's.
- Age <35 years: Ceftriaxone 1g IV then Doxycycline 100mg x 14 days
- Age >35 years: Quinolone x14 days







Epididymitis (Cont.)

Age?

Acute or Chronic?

Painful?

Trans-illuminates?

Intra-Testicular?

Urinalysis?

>20 years

Sub-Acute

Yes

No (only if reactive

Hydrocele present)

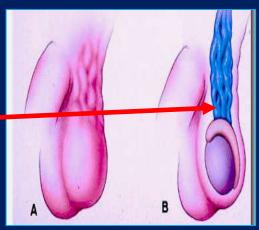
No (Posterior)

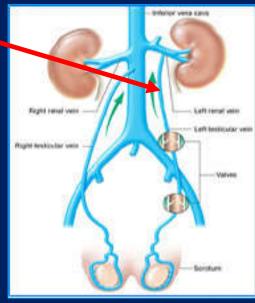
Positive (50%)



Varicocele

- Dilation, elongation and torsuosity of pampiniform plexus of veins.
- ~15% of post-pubertal men
- Predominantly left sided (>90%).
- Cause with male infertility.
- Isolated right sided varicocele is worrisome for retroperitoneal mass or obstruction.



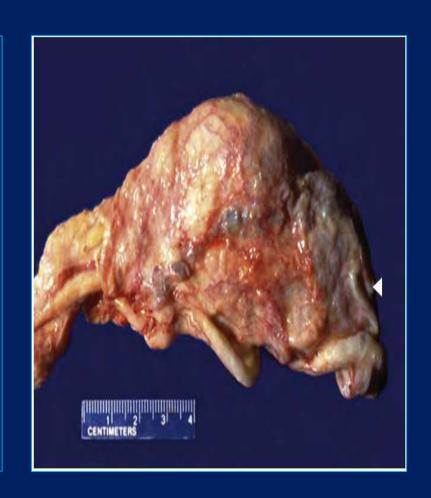




Varicocele (cont.)

Types:

- Primary (idiopathic).
 - Left side.
 - Bilateral.
- Secondary.
 - Due to compression of the testicular vein.
 - Isolated Rt. Side varicocele.





Varicocele (cont.)

- Surgical varicocelectomy is required for:
 - Impaired sperm quality.
 - Loss of testicular volume.
 - Pre-adolescence varicocele.
 - Pain.
- Varicocelectomy involves ligation the offending incompetent vessels of the spermatic cord either:
 - Inguinal.
 - Subinguinal
 - Laparoscopically
 - Embolization



Varicocele (cont.)

Age? >12 years

Acute or Chronic? Chronic

Painful?No

Trans-illuminates? No

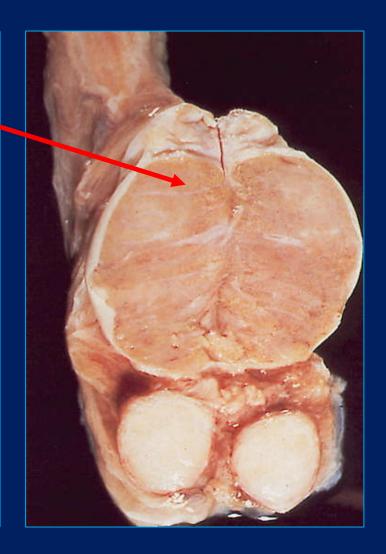
Intra-Testicular?
 No (left sided)

Urinalysis?Negative



Neoplastic

- A rare group of tumours
 - Adenomatoid tumour of the epididymis is the most common.
 - Sarcoma of the cord.





Inguinal Hernia

Types:

- Congenital.
- Acquired.
 - Partial.
 - Complete.
- Reducible swelling.
- Contain omentum or intestine.
- Complications:
 - Irreducibility
 - Strangulation.
 - Obstruction.
- Treatment:
 - Herniotomy.
 - Herniorraphy.
 - Hernioplasty.







2- Intra-scrotal Lesions B-Intra-testicular

1. Testicular tumors.

2. Empty scrotum.



Testicular tumors

- 1- Germ cell tumors:
- 2- Sex cord-stromal tumors:
- All germ cell tumors originate from intratubular germ cell neoplasia (ITGCN) EXCEPT:
 - Pediatric yolk sac tumors
 - Teratomas.
 - Adult spermatocytic seminomas

Table 21-5 Pathologic Classification of Common Testicular Tumors

Germ Cell Tumors

Seminomatous tumors

Seminoma

Spermatocytic seminoma

Nonseminomatous tumors

Embryonal carcinoma

Yolk sac (endodermal sinus) tumor

Choriocarcinoma

Teratoma

Sex cord-stromal Tumors

Leydig cell tumor

Sertoli cell tumor

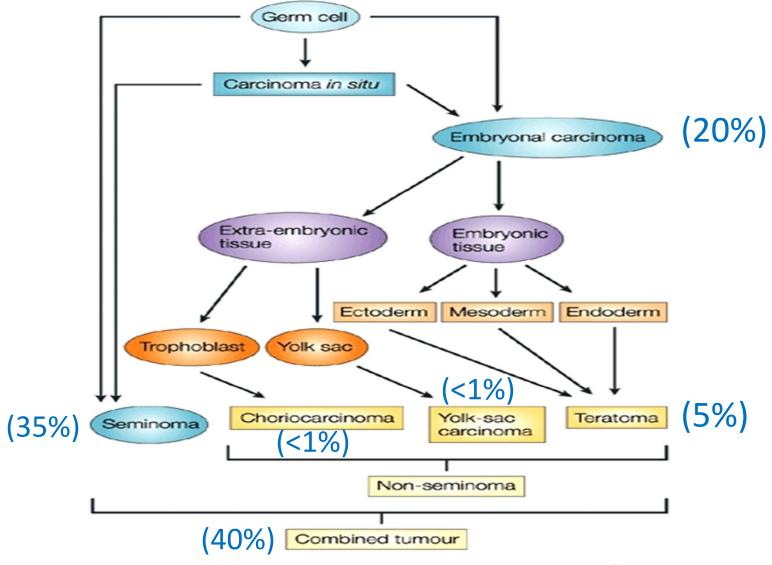


Testicular tumors

- Compared with other types of cancer, it is relatively rare.
- Testicular tumours show excellent cure rates.
 - Teratoma







Nature Reviews | Cancer



Risk factors:

- Cryptorchidism.
- Genetic factors.
 - familial predisposition due to gene defect receptor tyrosine kinase KIT and BAK
- Developmental disorders (testicular dysgenesis syndrome).
 - Cryptorchidism, Hypospadias, and poor sperm quality due to exposure to pesticides and non-steroidal estrogen.



Clinical Picture:

- Painless enlargement of the testicle.
- Dragging or heaviness in the scrotum.
- Acute pain if hemorrhage occurred.
- 10% of men present with symptoms related to metastatic disease (abdominal mass, back pain, neck mass, cough, hemoptysis, dizziness),
- Gynecomastia.



Epidemiology:

- Incidence: 3/100,000.
- Age group 15 35 years.
- Rare in Asians, blacks.
- Higher incidence in northern Europeans.



- History & Physical Examination:
 - Assess risk factors.
 - Check for lymphadenopathy, abdominal masses.
 - Examine both testes (2-5% bilateral)
 - Try to trans-illuminate.
 - If hydrocele prevents exam, get ultrasound.
 - Avoid biopsy.????



- Investigations:
 - Tumor markers.
 - CXR.
 - CT scan of chest, abdomen and pelvis.
 - Radical orchiectomy.
 - Further staging after orchiectomy.
 - Repeat markers serially.



1. a-fetoprotein

- Normal <20ng/ml, Elevated in:
 - 80% of embryonal carcinoma
 - yolk sac and teratocarcinoma
 - NOT in seminoma or choriocarcinoma

2. b-HCG

- Elevated in almost all choriocarcinomas
- Elevated in 5% of pure seminomas

3. Others

• LDH,CEA.



- Staging: American Joint Committee on Cancer (1997):
 - Stage I:
 - Confined to testis.
 - Stage IIa:
 - Retroperitoneal nodes <2cm.
 - Stage IIb:
 - Retroperitoneal nodes >2cm but < 5 cm.
 - Stage IIc:
 - Retroperitoneal nodes >5 cm.
 - Stage III:
 - Visceral metastases or supra-diaphragmatic nodes .



- TNM Staging:
- T:Tumor
- Ptis: Intra-tubular neoplasia.
- PT1: Confined to the testis no infiltration of the tunica vaginalis.
- PT2: Infiltration of the tunica vaginalis with or without vascular invasion.
- PT3: Infiltration of the spermatic cord.
- PT4: Infiltration of the scrotum.



- N: Lymph Node
 - NO no nodal involvement
 - N1 Nodal involvement less than 2 cm
 - N2 Nodal involvement between 2 and 5 cm
 - N3 Nodal involvement more than 5 cm



- M: Distant metastasis
 - MX: Distant metastasis cannot be assessed
 - M0: No distant metastasis.
 - M1: Distant metastasis.
 - M1a: Non-regional lymph nodes(s) or lung.
 - M1b: Other sites.



- S Serum metastasis
 - SX Serum marker studies not available or not performed
 - **S0** Serum marker study levels within normal limits
 - LDH (U/I) HCG (mIU/ml) AFP (ng/ml)
 - **S1** <1.5 x N and <5000 and <1000
- S2 1.5-10 x N or 5000-50000 or 1000-10000.
- S3 $>10 \times N \text{ or } > 50.000 \text{ or } > 10000$



• Seminoma:

- Age of onset 30's
- Grossly:
 - Gray, coalescing nodules
- Micro:
 - Sheets of clear cells
- May contain syncytiotropho blasts

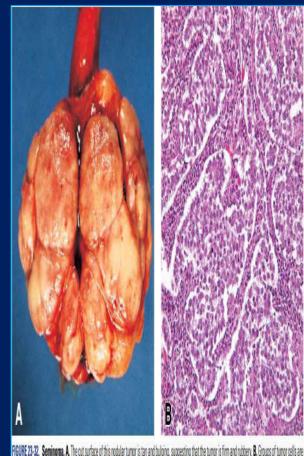
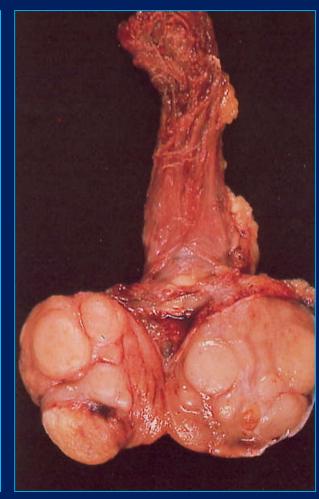


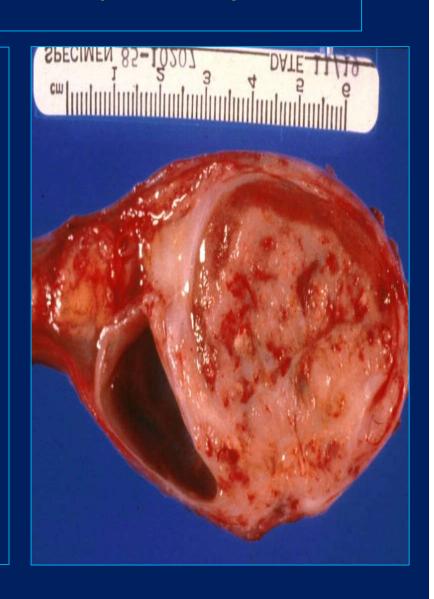
FIGURE 23-32. Seminoma. A The cut surface of this nobular tumor is tan and bulging, suggesting that the tumor is firm and nubbery. B. Groups of tumor cells are summorbed by fibrous segital militrated with lymphooptes. Tumor cells have resicular nuclei, which are much larger than the small round nuclei of the lymphooptes.





Embryonal Carcinoma:

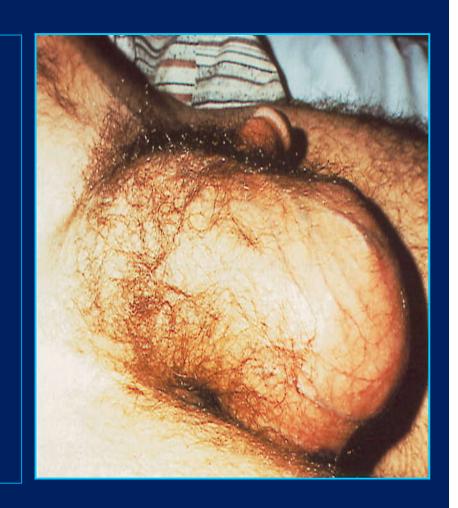
- Often associated with teratoma
- Younger onset
- Increased AFP levels (>50%)
- 1/3 have clinically evident met's at diagnosis
- Grossly:
 - Solid, grey-white with necrosis
- Micro:
 - Poorly differentiated





Teratoma:

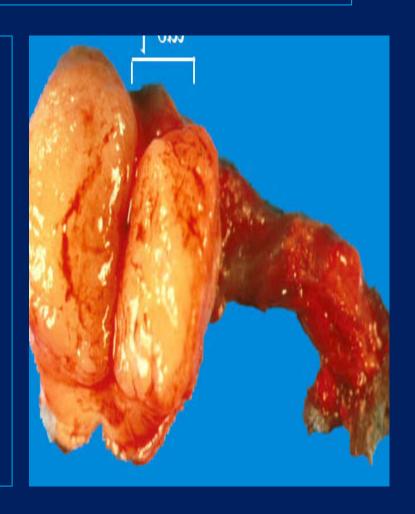
- Mature.
- · Immature.
- Well differentiated tumours.
- Lesions can become quite large.
- Bimodal age distribution.





Yolk Sac Tumour:

- Related to embryonal carcinoma
- Occurs only in infants & very young children
- Produces AFP





Treatment:

- Stage I disease = Radical Orchiectomy and surveillance.
- Stage II and III disease = Radical Orchiectomy (AND).
 - Chemotherapy (Cisplatin based).
 - Radiotherapy (20 Gy 3oGy- 36 Gy).
 - Perform RPLND for patients with residual retroperitoneal nodes after chemotherapy or radiotherapy (if tumour markers normalize).



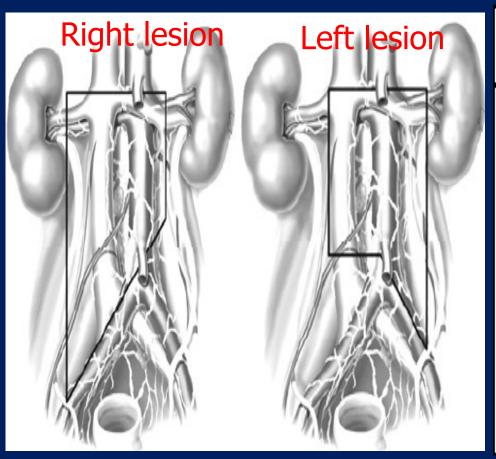
Seminomas:

- Diagnosed in stage I.
- Lymphatogeous spread.
- Have better prognosis with 90% cure rate.
- Are extremely radiosensitive.

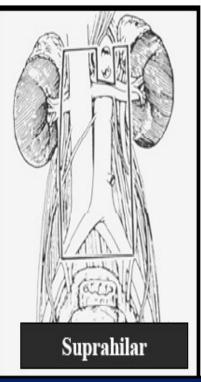
Non-Seminomas:

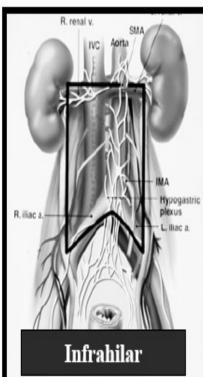
- Diagnosed in either stage II or III.
- Hematogenous spread.
- Behave in a more aggressive manner and have poor prognosis.
- Are radio-resistant.





Bilateral RPLND



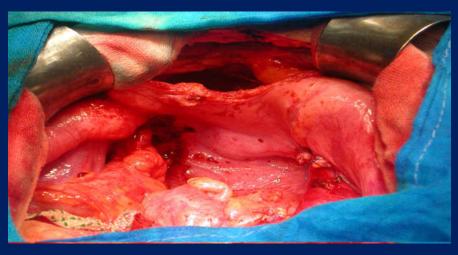


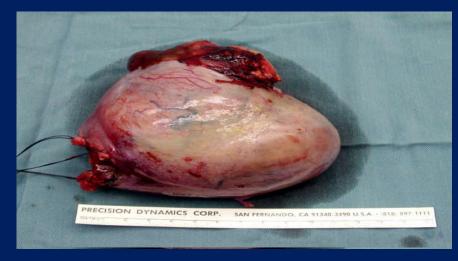


Testicular tumors (cont.) Intra-abdominal seminoma











Testicular tumors (Cont.)

• Age? 15-35 years

Acute or Chronic? Chronic

Painful?No

Trans-illuminates? No

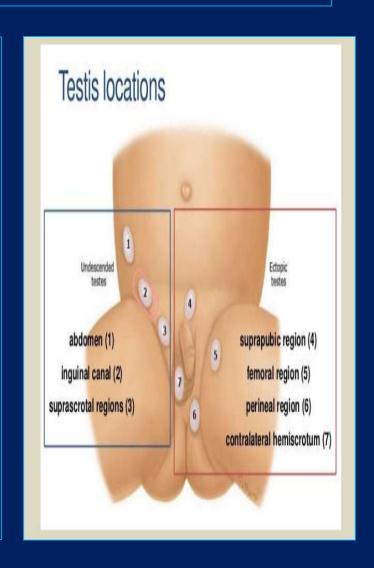
Intra-Testicular? Yes!

Urinalysis?Negative

This requires urgent attention

Empty scotum

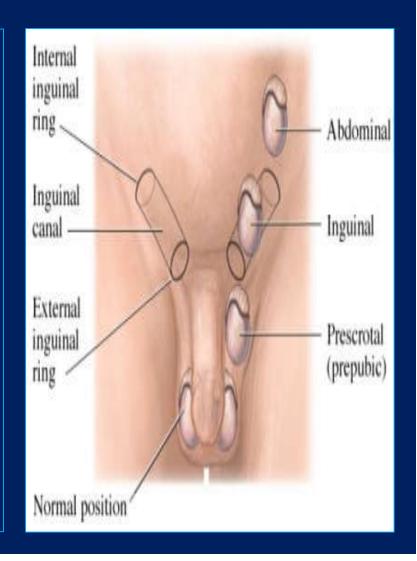
- Etiology:
 - 1. Undescended testes.
 - 2. Ectopic testis:
 - multi-tailed gubernaculum.
 - 3. Retractile testis:
 - Exaggerated cremasteric reflex
 - 4. Atrophic.
 - 5. Agenitic.





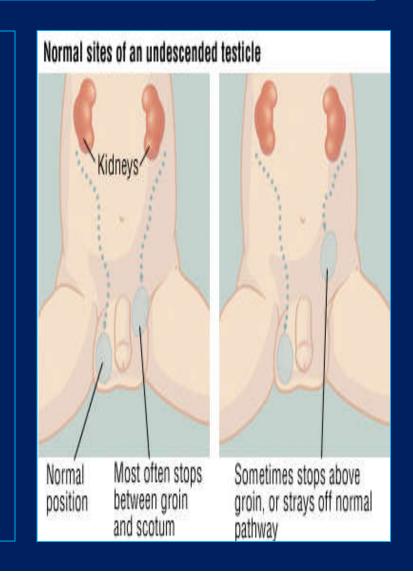
Epidemiology:

- Failure of migration along the normal line of descent
 Incidence.
 - ilciuerice.
 - •2-5 in general population.
 - in 30% of preterm.
 - In 3% of full term.
 - In 1% at one year.
- •Spontaneous descent after one year is rare.





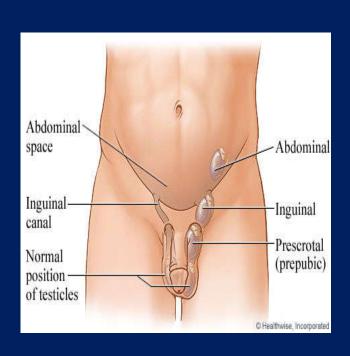
- Testicular descent:
 - Trans-abdominal phase induced by müllerian inhibiting substance.
 - Inguino-scrotal phase is androgen-dependent induced by androgeninduced release of calcitonin gene related peptide from the genitofemoral nerve.





Risk factor:

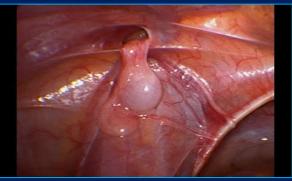
- Prematurity.
- Low birth weight.
- Twin gestation.
- Down syndrome.
- Gestational diabetes mellitus.
- Prenatal alcohol exposure.
- Hormonal abnormalities.
- Mother younger than 20 years.
- A family history of undescended testes.

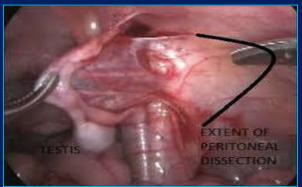


Classification:

- Unilateral (75%).
- Bilateral (25%).
- Palpable (80%).
- Impalpable (20%).
 - Present (80%):
 - Low abdominal (80%).
 - High abdominal (20%).
 - Absent (20%):
 - Agenesis.
 - Atrophy.









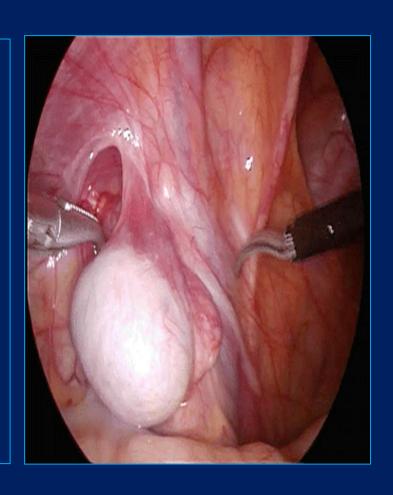
Complications of Undescended Testis

TESTIS

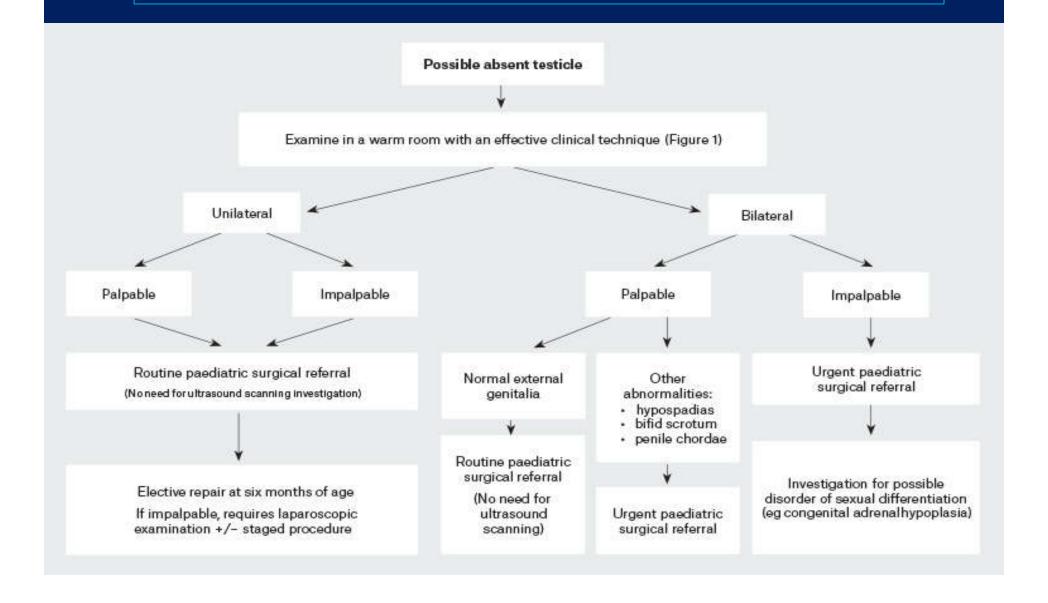
- T Trauma
- E Epididymoorchitis
- S Sterility
- T Torsion
- I Inguinal Hernia (most common)
- S Seminoma



- Investigation for impalpable testis:
 - Radiology (U/S,CT, MRU).
 - Inconclusive.
 - Should not be done.
 - Diagnostic laparoscopy.
 - Standard.
 - Conclusive.









Treatment:

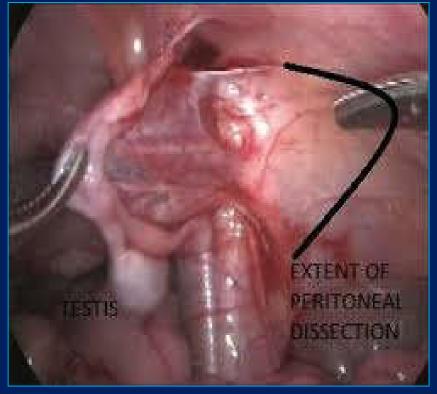
- Undescended and Ectopic testis:
- Target is to bring the testicle with its blood supply
 - into the scrotum as early as possible
- Orchidolysis and Orchidopexy.
 - should be done within the 1st year of life.
- Retractile testis:
 - Reassurance.
 - Orchidopexy if most of the time is high.



- Why do operation in 1st year of life?????
 - Histological changes start within the 2nd year of life;
 - Arrested germ cell development.
 - Hyalinization and thickening of the basement membrane
 - Prominent Leydig cells.
 - Affecting spermatogenesis and fertility.







Home Messages

- Scrotal pathologies are cutaneous and intrascrotal.
- Most of them are benign.
- Some lesions are potentially life threatening.
 - Testicular cancer.
 - Fournier's Gangrene.
- Testicular torsion is a urologic emergency and early diagnosis and treatment are vital.

Home Messages

- Don't forget to rule out Testicular torsion to diagnose Epididymitis.
- Varicocele is a cause of male infertility.
- Testicular cancer is the most curable of all solid (esp. if caught early).
- Almost 100% cure rate for low-stage disease
- Most Germ cell tumours are diagnosed in early stage.
- Staging is the corner stone.

