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**Prepared by** 

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**Under supervision of** 

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2022-2023

# **Contact Information of Staff Responsible for Block**

## URO-528 (code)

URO-5	528 (code)					
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### **Basic Information about the Block**

• Program on which the course is given: Bachelor of Medicine and Surgery (M.B. B.Ch.). •Elements (major or minor) of the program: Undergraduate • Departments offering the course: **UROLOGY** Sugestted position in the curriculum map 5 <sup>TH</sup> level, 1 <sup>ST</sup> semester. **Prerequiestes** ••••• **Date of specification approval: ΘTitle:Urology ΘCode:**URO-528  $\Theta$  Credit Hours : 5.5 H OLectures: 12 lecture, contact hours 24 H (.....minimum % of flipped/team based lectures. **Opracticals/clinical (laboratory/simulatation skill lab/bedside** 

**teaching**):10 contact hours

Osmall Case based group discussions: 10 contact hours)

**OStudent self learning activities:** 

Portfolio: (8)

Formative assessment (2)

# **Block Map**

# NARS competencies the block/module is expected to share in their

	The total hours of the final written exam	Total marks	Days/weeks	Credit	Code	Responsible department	Block/module	level/semester
			4 hour per		URO-			5 <sup>th</sup>
	2 h	110	week for14 weeks	5.5	528	UROLOGY	Urology	medical school
<b>L</b>				S	student ach	ievement		

NARS areas	NARS key competencies
1- The graduate as a health care provider.	<ul> <li>1.1. Take and record a structured, patient centered history.</li> <li>1.4. Perform appropriately timed full physical examination of patients appropriate to the age, gender, and clinical presentation of the patient while being culturally sensitive.</li> <li>1.6. Select the appropriate investigations and interpret their results taking into consideration cost/ effectiveness factors.</li> <li>1.10. Integrate the results of history, physical and laboratory test findings into a meaningful diagnostic formulation.</li> <li>1.11. Perform diagnostic and intervention procedures in a skillful and safe manner, adapting to unanticipated findings or changing clinical circumstances.</li> <li>1.14. Respect patients' rights and involve them and /or their families/carers in management decisions.</li> </ul>
2-The graduate as a health promoter	2.4 Identify the major health risks in his/her community, including demographic, occupational and environmental risks; endemic diseases, and prevalent chronic diseases.
3-The graduate as a professional	3.1. Exhibit appropriate professional behaviors and relationships in all aspects of practice, demonstrating honesty, integrity, commitment, compassion, and



	respect. 3.5. Ensure confidentiality and privacy of patients' information.
	3.8. Refer patients to appropriate health facility at the appropriate stage.
4-The graduate as a scholar and scientist	4.5 Identify various causes (genetic, developmental, metabolic, toxic, microbiologic, autoimmune, neoplastic, degenerative, and traumatic) of illness/disease and explain the ways in which they operate on the body (pathogenesis).
5-The graduate as a member of the health team and a part of the health care system	5.1 Recognize the important role played by other health care professions in patients' management.

# **Professional Information**

# **Block Aims**

#### **Overall Aims**

1-This block aims to provide students with fundamental knowledge and clinical skills that enable him/her to detect, manage and/or refer common and important urologic conditions .

3. By the end of the blocks, the students will be able to diagnose and counsel patients andtheir families about common urological conditions.

### Learning Outcomes of theBlock:

### Each competency will be broken down into one or more learning

### outcomes that may be K, S or A or all.

NARS	Learning outcomes for each key	Doma	Teaching	Assess
Key	competencies	in	method	ment
comptencies		Know		method
		Know		
		how		
		Show		
		how		
		Does		
1 1 Talas and	K1.	Know	Lectures	MCQ
1.1. Take and record a	To know causes and differential diagnosis of			_
structured, patient centered	the common urological complaints includings the following:	Know	Out -	OSCE
history.	<b>1-</b> flank pain	how	patient	Short
	2-hematuria 3-Obstructive anuria	Show	clinic	answer
	4-acute urinary retention	how	attendance	essay
	5-acute scrotum 6-lower urinary tract symptoms		Clinical	
	7-urinary incontinence 8-erectile dysfunction		rounds	
	9-male subfertility		Case	
			discussion	
	<ul> <li>S1. A.1</li> <li>obtain a focused history for analysis of the common urological complaints including the following:</li> <li>1-Flank pain</li> <li>2-hematuria</li> <li>3-Obstructive anuria</li> <li>4-acute urinary retention</li> <li>5-acute scrotum</li> <li>6-lower urinary tract symptoms</li> <li>7-urinary incontinence</li> </ul>			

physical examination of patients appropriate to the age, gender, and clinical presentation of the patient	To know how to examine the peculiar urologic regions: (the loins,male external genitalia and male pelvic examination).	Know Know how Show how	Lectures Out -patient clinic attendance Clinical rounds Case discussion	MCQ OSPE OSCE
1.6. Select the appropriate investigations and interpret their results taking into consideration cost/ effectiveness factors.	<ul> <li>K.3</li> <li>To know the common urological investigations including : <ol> <li>urine analysis</li> <li>serum creatinine</li> <li>semen analysis</li> <li>abdominal and scrotal ultrasonography</li> <li>KUB x ray and IVU</li> <li>Non Contarst and contrast abdominopelvic MSCT</li> <li>MRI</li> <li>Renal radio-isotope scan</li> <li>K. 4</li> <li>To know the main indications and</li> </ol></li></ul>	Know Know how	Lectures Clinical rounds Attendance in out- patient clinic and ultrasound unit	Portfol io MCQ OSPE Short answer essay

1.10. Integrate the results of history, physical and laboratory test	<ul> <li>contraindications of the urological investigations</li> <li>S.3</li> <li>To be able to identify normal and abnormal findings in the forementioned investigations</li> <li>K.5</li> <li>To know the clinical presentation, signs and appropriate investigation used to</li> </ul>	Know	Lectures Out - patient	Portfol io MCOs
laboratory test findings into a meaningful diagnostic formulation.	<ul> <li>and appropriate investigation used to diagnosis the common urological diseases including:</li> <li>1. Genito-urinary infections</li> <li>2. Obstructive uropathy</li> <li>3. Urolithiasis</li> <li>4. Urinary tract trauma</li> <li>5. Genito-urinary congenital anomalies</li> <li>6. Genito-urinary tumors</li> <li>7. Neuropathic bladder</li> <li>8. Urinary incontinence</li> <li>9. Erectile dysfunction</li> <li>10. Male subfertility</li> <li>11. Andrologic emergencies</li> <li>S.4</li> <li>To choose the appropriate investigations and interpret their findings to diagnose the forementioned diseases</li> </ul>	how Show how	patient clinic attendance Clinical rounds Case discussion	MCQs OSPE Short answer essay

1.11. Perform diagnostic and intervention procedures in a skillful and safe manner, adapting to unanticipated findings or changing clinical circumstances.	<ul> <li>K6:</li> <li>To know the appropriate catheter type and size for each patient.</li> <li>K 7:</li> <li>To know the technique, indications, contraindications and complications of urethral catheterization .</li> <li>S 5:</li> <li>To perform both male and female urethral catheterization on a model.</li> <li>S6:</li> <li>To be able to remove the indwelling urethral catheters on a model.</li> </ul>	Know Know how Show how	Lectures Out -patient clinic attendance Clinical rounds Case discussion Attendance at the operative theatre	Portfol io MCQs OSPE Short answer essay
1.14. Respect patients' rights and involve them and /or their families/carers in management decisions.	<ul> <li>A.3</li> <li>To obtain informed patient consent for genital and DRE</li> <li>A.4</li> <li>Exhibit honesty and integrity</li> <li>with patients and their families</li> <li>A.5</li> <li>Recognize and maintain boundaries and privacy when interacting with patients.</li> </ul>	Show how	Out-patient clinic Case discussion	Portfol io OSCE
2.4 Identify the major health risks in his/her community, including demographic, occupational	K 8: To recognize and early detect the risk factors for the following diseases: 1. Urinary stones	Know Know how Show	Lectures Out - patient clinic	Portfol io MCQs

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and environmental risks; endemic diseases, and prevalent chronic diseases.	<ul> <li>2. Male subfertility</li> <li>3. Erectile dysfunction</li> <li>4. UTI</li> <li>5. Obstructive uropathy</li> <li>6. Urinary incontinence</li> <li>7. Genito urinary tumors</li> <li>S.7</li> <li>Toobtain medical history to identify the possible risk factors of previously mentioned conditions in K 7.</li> <li>S 8:</li> <li>To be able to spot abnormal physical findings related to the risk factors of the previously mentioned conditions in K7.</li> </ul>	how	attendance Clinical rounds Case discussion	OSCE Short answer essay
3.1. Exhibit appropriate professional behaviors and relationships in all aspects of practice, demonstrating honesty, integrity, commitment, compassion, and respect.	<ul> <li>A6</li> <li>To be able to give feedback to colleagues in an informative and respectful manner</li> <li>A7</li> <li>To exhibit professional behavior during history taking,physical examination and counseling of the patient</li> </ul>	Show how	Out - patient clinic attendance Clinical rounds	Portfol io OSCE
3.5. Ensure confidentiality and privacy of	A8	Show	Out -	Portfol

patients' information.	Avoidundue disclosing confidential patient information especially via onlinecommunications.	how	patient clinic attendance Clinical rounds	io OSCE
3.8. Refer patients to appropriate health facility at the appropriate stage.	K9: To identify urological conditions that should be referred to urologist especially urologic emergencies	Know Know how	Lectures Out - patient clinic attendance Clinical rounds Case discussion	Portfol io MCQs OSCE Short answer essay
4.5 Identify various causes (genetic, developmental, metabolic, toxic, microbiologic, autoimmune, neoplastic, degenerative, and traumatic) of illness/disease and explain the ways in which they operate on the body (pathogenesis).	<ul> <li>K 10</li> <li>To know the etiology of the following diseases: <ol> <li>UTI</li> <li>urolithiasis</li> <li>Obstructive uropathy</li> </ol> </li> <li>Erectile dysfunction and male subfertility</li> <li>Voiding dysfunction and urinary incontinence</li> </ul>	know	Lectures Case discussion	MCQs Short answer essay

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1 Recognize le important	K 12	Know	Lectures	portfoli
*				Portion
ble played by	To know the indications in which the	how	Case	0
ther health are professions	urologist should consultother		discussion	MCQs
a patients' anagement.	specialitiese.g:nephrology,generalsurger		<b>Out-patient</b>	
	y,pediatric,orthopedic,obstetricetc		clinic	
	K 13			
	To know the indications in which non			
are professions patients'	specialitiese.g:nephrology,generalsurger y,pediatric,orthopedic,obstetricetc K 13		Out-patient	

Structure	of the	block

Week	Lectures (NUMBER)	Practical (NUMBER)	PORTFLIO TASKS (NUMBER)	CASE BASED Discussions (NUMBER)	Formative Assessment (NUMBER)	Revisions and Exams	Total
1st	2	1		1			4
2nd	2	1		1			4
3rd	2		2				4
4th	2	1		1			4
5th	2	1		1			4
6 <sup>th</sup>	2		2				4
7th	2	1		1			4
8th	2	1		1			4
9th	2		2				4
10th		1		1	1		4
11th	2	1		1			4
$12^{\text{th}}$	2		2				4
13th	2	1		1			4
14 <sup>th</sup>		1		1		1	4

As regard lecture, practical aand case based discussion, Number =30 h Contact hours

# **Learning Methods**

- 1- Lectures for knowledge outcomes.
- 2- Practical (labs/Bedside/skill lab)sessions to gain clinical/practical skills.
- 3-Task based log(may use inscion academy/clinical key cases).recorded

in the portofoilio.

4- Group discussions(Case – based).

# **Methods of Student Assessment**

#### 1. Formative:

This is used to monitor student's learning to provide ongoing feedback that can be used by instructors to improve their teaching and by students to improve their learning. It's given once weekly and the answers are presented and discussed immediately with you after the assessment.

#### 2. Summative

It is used to evaluate student's achievements at the end of an instructional unit. The grades tell whether the student achieved the learning goal or not.

Assessment task	Type of assessment	Proportion of	f total assessment
		%	Marks
Mid term exam	At least 50% case based MCQ (best answer) 50% short answer questions,	20%	25
Portfolio (75% of its mark is a requirement to enter final exam)	Assignments Quiezes Formative assessment May include inscion academy certificates	10%	10
Final written exam	50% MCQ (best answer) 50% short answer questions unlableddiagrams, structured short assay	40%	40
Practical /clinical	OSPE OSCE ACC	30%	35
Total		100%	110

#### The student's performance will be assessed according to the following:

# **Block evaluation**

- Students' results
- Students' feedback
- Tutors' feedback

# **Contents**

# Lecture Topics and Their Learning Outcomes Choose one source for each topic You may use a different color for a different area/discpline

No.	Learning outcomes	Lectures Titles	Week	Contact
		And specified reference	No.	Hours
		(main source is Kaplan)		
1	K1,K5,K9	Urological symptoms	1 <sup>st</sup> wk	1 hour
2	K2,K5,K9	Focused urological examination	1 <sup>st</sup> wk	1 hour
3	K3,K4,K5,K6	Urological investigations	2 <sup>nd</sup> wk	1
4	K1,K2,K3,K4,K5,K8,K9,K12,K13	Urinary tract trauma	2 <sup>nd</sup> wk	1
5	K1,K2,K3,K4,K5,K8,K9,K10,K11	Non specific Urinary tract infections	3 <sup>rd</sup> wk	1
6	K1,K2,K3,K4,K5,K8,K10,K11,K12	GU tuberculosis and schistosomiasis	3 <sup>rd</sup> wk	1
7	K1,K2,K3,K4,K5,K8,K9,K12,K13	Upper urinary tract congenital anomalies	4 <sup>th</sup> wk	1
8	K1,K2,K3,K4,K5,K8,K9,K12,K13	lower urinary tract congenital anomalies and testicular maldescent	4 <sup>th</sup> wk	1
9	K1,K2,K3,K4,K5,K8,K9,K10,K11	Bladder outlet obstruction BPH,urethral stricture	5 <sup>th</sup> wk	1

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	K1,K2,K3,K4,K5,K8,K9,K10,K11	Hydronephrosis	5 <sup>th</sup> wk	1
10	,,,,,,,,,,	Vesicoureteral		
10		reflux and ureteric		
		stricture		
	K1,K2,K3,K4,K5,K8,K9,K10,K11	General aspects of	6 <sup>th</sup> wk	1
11	K1,K2,K5,K4,K5,K6,K7,K10,K11	Urolithiasis		
		Renal stones		
12	K1,K2,K3,K4,K5,K8,K9,K10,K11	Ureteric, bladder and	6 <sup>th</sup> wk	1
12	K1,K2,K3,K4,K3,K6,K7,K10,K11	urethral stones		
	K1,K2,K5,K8,K10,K11	Erectile	7 <sup>th</sup> wk	1
13	K1,K2,K5,K6,K10,K11	dysfunction	/ //	
15		Ejaculatory		
		disorders		
14	K1,K2,K3,K4,K5,K8,K9,K10,K11,K12,K13	Male subfertility	7 <sup>th</sup> wk	1
14	K1,K2,K3,K4,K3,K0,K9,K10,K11,K12,K15	Varicocele	/ WK	
		Andrologio omorgonoiog	4h	1
15	K1,K2,K3,K4,K5,K8,K9,K10,K11,K13	Andrologic emergencies Male circumcision	8 <sup>th</sup> wk	1
15		Wate circumcision		
16	K12,K13	Renal transplantation	8 <sup>th</sup> wk	1
10	K12,K15	-	0 WK	
17	K1,K2,K3,K4,K5,K8,K9,K10,K11,K12,K13	Urinary incontinence	9 <sup>th</sup> wk	1
17	11,112,112,113,113,110,117,1112,1112	Nocturnal enuresis	,	
18	K1,K2,K3,K4,K5,K8,K9,K10,K11,K12,K13	Neuropathic bladder	9 <sup>th</sup> wk	1
10		Overactive bladder	9 WK	
			th	1
19	K1,K2,K3,K4,K5,K8,K9	<b>Renal tumors</b>	11 <sup>th</sup> wk	1
20	K1,K2,K3,K4,K5,K8,K9	Bladder tumors	11 <sup>th</sup> wk	1
20	N1,N2,NJ,N4,NJ,N0,N7	Prostate and testicular		1
21	K1,K2,K3,K4,K5,K8,K9		12 <sup>th</sup> wk	1
		tumors	.1	1
22	K6,K7,K3,K12,K13	Urological catheters	12 <sup>th</sup> wk	1
22		Revision	13 <sup>th</sup> wk	1
23				1
24		Revision	13 <sup>th</sup> wk	1
		Total		24

No.	Learning outcomes S and A	Practical/Bedside/skill lab sessions and titles	Week number	Contact Hours
	\$3,\$4	KUB and MSCT	1	1
	\$3,\$4	Hydronephrosis imaging (U/S and MSCT)	2	1
	\$3.\$4	Urinary stones imaging (U/S, KUB and MSCT)	4	1
	\$3,\$4	Bladder cancer imaging (U/S and MSCT)	5	1
	\$2,\$8,A2,A5,A7	Loin examination	7	1
	\$3,\$4	Renal tumors imaging (U/S and MSCT)	8	1
	\$5,\$6	Urologic catheters	10	1
	\$3,\$4	Urine analysis	11	1
	S2,S8,A2,A3,A4,A5,A7	Male external genitalia examination	13	1
	S2,S8,A2,A3,A4,A5,A7	DRE	14	1
		Total		10

# Skills and tasks and Their Learning Outcomes

## Self Directed Learning and Group Discussion(SDL

	(CoD)(Cases scenario with 10 MiCQs)				
No.	Learning outcomes K,S and A	Title of cases and reference	Week number	Contact Hours	
1.	S1,S4,S7,S8,A1,A4,A6,A7,A8	Lower Urinary Tract Symptoms (LUTS)	1	1	
1.	S1,S2,S4,S7,S8,A1,A2,A4,A5, A6.A7, ,A8	loin pain	2	1	
2.	S1,S4,S7,S8,A1,A4,A5,A6,A7,A8	Hematuria	4	1	
3.	S1,S4,S7,S8,A1,A4,A6,A7,A8	Anuria and acute urinary retention	5		
4.	S1,S2,S4,S7,S8,A1,A2,A3,A4,A5,A6,A7,A8	Scrotal swelling	7		
5.	S1,S2,S3,S4,S7,S8,A1,A2,A4,A6,A7,A8	male subfertility and semen analysis	8		
6.	S1,S2,S8,A1,A2,A3,A4,A5,A6,A7,A8	Hypospadias	10		
7.	S1,S2,S7,S8,A1,A2,A3,A4,A5,A6,A7,A8	Testicular maldescent	11		
8.	\$1,\$2,\$4,\$7,\$8,A1,A2,A3,A4,A5,A6,A7,A8	Acute scrotum	13		
9.	S1,S2,S4,S7,S8,A1,A2,A3,A4,A5,A6,A7,A8	BPH	14		
	Total			10	

### &GD)(cases scenario with 10 $\,MCQs)$

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### Portofilio

	Week	Task to be recorded	Quiz	Formative
No	number	in the portofoilio	Case Based	assessment
No.			MCQs	
1.	1 <sup>st</sup> week	1-To examine and interpret KUB-X-ray and MSCT KUB 2-History taking of a case presented with LUTS	Answer the quiz of the current week lectures (e- learning).	
2.	2 <sup>nd</sup> week	<ul> <li>1-To examine and interpret images of hydronephrosis cases</li> <li>(U/S and MSCT)</li> <li>2- History taking of a case presented with loin pain</li> </ul>	Answer the quiz of the current week lectures (e- learning).	
3.	3 <sup>rd</sup> week	Attendance at out-patient clinic	Answer the quiz of the current week lectures (e- learning).	
4.	4 <sup>th</sup> week	<ul> <li>1-To examine and interpret images of urinary stones cases</li> <li>(U/S, KUB and MSCT)</li> <li>2- History taking of a case presented with heamaturia</li> </ul>	Answer the quiz of the current week lectures (e- learning).	

	.1			
5.	5 <sup>th</sup> week	<ul> <li>1-To examine and interpret images of</li> <li>bladder cancer cases</li> <li>(US and MSCT)</li> <li>2- Evaluation of cases</li> <li>with inability to void</li> <li>(acute urine retention or anuria)</li> </ul>	Answer the quiz of the current week lectures (e- learning).	
6.	6 <sup>th</sup> week	Attendance at urology ultrasound unit	Answer the quiz of the current week lectures (e- learning).	
7.	7 <sup>th</sup> week	1-Loin examination 2- examination of a case presented with scrotal swelling.	Answer the quiz of the current week lectures (e- learning).	
8.	8 <sup>th</sup> week	<ul> <li>1-To examine and interpret images of</li> <li>renal tumor cases (US and MSCT).</li> <li>2- To read and</li> <li>interpret semen</li> <li>analysis; normal and</li> <li>abnormal</li> </ul>	Answer the quiz of the current week lectures (e- learning).	

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	9 <sup>th</sup> week			
9.	9 <sup>-4</sup> week	Attendance at urological operative theatre	Answer the quiz of the current week lectures (e- learning).	
10.	10 <sup>th</sup> week	<ul> <li>1-To be acquainted with the different</li> <li>types of urinary</li> <li>catheters and their</li> <li>uses.</li> <li>2- To examine and</li> <li>evaluate a case with</li> <li>hypospadias</li> </ul>	Answer the quiz of the current week lectures (e- learning).	Attend the formative assesment
11.	11 <sup>th</sup> week	<ul><li>1-To read and interpret urine analysis reports</li><li>2- To examine and evaluate a case with testicular maldescent</li></ul>	Answer the quiz of the current week lectures (e- learning).	
12.	12 <sup>th</sup> week	Attendance at out-patient clinic	Answer the quiz of the current week lectures (e- learning).	
13.	13 <sup>th</sup> week	<ul><li>1-Male external</li><li>genitalia examination</li><li>2- Evaluation of a case</li><li>with acute scrotum</li></ul>	Answer the quiz of the current week lectures (e- learning).	

14.	e 2 e	1-Digital rectal examination 2- To examine and evaluate a case with BPH	Answer the quiz of the current week lectures (e- learning).	
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# **Blueprint of the block**

# Written blueprint

No.	List of Topics (lectures/cases)	Learning outcomes	Weight* % From total	Total marks	End of the block	Final written exam
1.	Urological symptoms	K1,K5,K9	7.7	53		
2.	Focused urological examination	K2,K5,K9	4.6	3		
3.	Urological investigations	K3,K4,K5,K6	4.6	3		
4.	Urinary tract trauma	K1,K2,K3,K4	4.6	3		
		,K5,K8,K9,K				
		12,K13				
5.	Urinary tract infections	K1,K2,K3,K4	10.8	7		
		,K5,K8,K9,K				
		10,K11,K12				
6.	Genito-urinary tract	K1,K2,K3,K4	7.7	5		
	congenital anomalies	,K5,K8,K9,K				
		12,K13				
7.	Obstructive uropathy	K1,K2,K3,K4	10.8	7		
	of the upper and lower	,K5,K8,K9,K				
	urinary tract	10,K11				
8.	Urolithiasis	K1,K2,K3,K4	12.3	8		
		,K5,K8,K9,K				
		10,K11				
9.	Andrology	K1,K2,K3,K4	10.8	7		
		,K5,K8,K9,K				
		10,K11,K12,				
		K13				
10.	Renal transplantation	K12,K13	3.05	2		
11.		K1,K2,K3,K4	7.7	5		
	Voiding dysfunction	,K5,K8,K9,K				
	and neuro-urology	10,K11,K12,				
		K13				
12.	Genito-urinary tumors	K1,K2,K3,K4	12.3	8		
	Senito urmary tullors	,K5,K8,K9				
13.	Urological catheters	K6, K7, K3,	3.05	2		
	Croigical catherers	K12, K13				

Due etical	<b>L</b> I.		
<b>Practical</b>	DI	ueprint	

List of sessions/practical or clinical topics	Learning outcomes (S and A)	Weight* %From total	Number of stations/Cases	Marks
History taking of urologic symptoms	S1,S2,S4,S7,S8,A1,A2, A4, A5, A6.A7, ,A8	28.5	1	10
Focused urologic examination	\$2,\$8,A2,A3,A4,A5,A7	28.5	1	10
Urologic imaging and laboratory investigation	S3, S4	28.5	2	10
Urologic catheters	S5,S6	14.5	1	5

# Weight\*= decided according to hours, amounts of information and clinical significance

# **Lecture Outlines:**

#### Lecture (1)

#### **Title:Urologic symptoms**

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 2 P7

#### **Specific learning Objectives:**

To know all the urologic symptoms, their causes and how to analyse them through history taking to reach a provisional diagnosis, with special focusing on flank pain, anuria, acute urinary retention and hematuria.

#### **Contents:**

Upper urinary tract symptoms

Lower urinary tract symptoms (LUTS)

Male genital symptoms

Uremic manifestations

Urine changes

#### Lecture (2)

Title: Focused urological examination

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 2 P7

#### **Specific learning Objectives:**

To know how to perform and elicit findings through loin examination, male external genital examination and digital rectal examination.

#### **Contents:**

Loin examination Male external genital examination DRE

#### Lecture (3)

#### Title: Urologic investigation

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 3 P37

#### **Specific learning Objectives:**

To know the normal and abnormal findings in urine analysis.

To know the normal values of semen analysis, and to be able to identify various abnormalities in it.

To list the various imaging modalities used to investigate the urinary tract.

To be familiar with the normal appearance of the urinary tract on ultrasonography, KUB X-ray and MSCT.

#### **Contents:**

Urine and semen analysis

Various urologic imaging

#### Lecture (4)

#### **Title:** Urinary tract trauma

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 11 P 515

#### **Specific learning Objectives:**

To know the etiology, mechanisms, clinical presentation and complications of trauma to the kidneys, bladder and urethra.

To be oriented with the appropriate management of different urologic traumas.

#### **Contents:**

Renal trauma

Urinary bladder trauma

#### Urethral trauma

#### Lecture (5) Title: Non specific Urinary tract infections

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 6 P193

#### **Specific learning Objectives:**

To know the etiology, pathology, clinical manifestations, complications, diagnosis and treatment for patients with non specific infections of genito-urinary tract.

#### **Contents:**

Acute and chronic pyelonephritis pyonephrosis Renal and peri-renal abscess Cystitis Urethritis Acute epididymo-orchitis Fourniere gangrene

#### Lecture (6) Title: genito-urinary tuberculosis and schistosomiasis

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 6 P193

#### **Specific learning Objectives:**

To know the pathology, clinical presentation, complications, diagnostic modalities and treatment for patients with genito-urinary TB.

To know the pathology, clinical presentation, complications, diagnosis and treatment for patients with urinary schistosomiasis.

#### **Contents:**

Genito-urinary TB

Urinary schistosomiasis

#### Lecture (7) Title: Upper urinary tract congenital anomalies

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 16 P 669

#### **Specific learning Objectives:**

To list the congenital anomalies of the kidneys and ureters

To know the clinical presentation and diagnosis of different renal anomalies.

#### **Contents:**

Renal congenital anomalies

Ureteric congenital anomalies

#### Lecture (8) Title: lower urinary tract congenital anomalies and

#### testicularmaldescent

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 16 P 669

#### **Specific learning Objectives:**

To diagnose hypospadias, epispadias and bladder exstrophy clinically, and to be oriented with their appropriate management.

To know the types of testicular maldescent and how to diagnose and treat them

#### **Contents:**

Hypospadias, epispadias, bladder exstrophy and testicular maldescent

#### **Lecture (9) Title: Bladder outlet obstructionBPH,urethral stricture**

Oxford Handbook of Urology (fourth edition 2019), chapter 4 P71

#### **Specific learning Objectives:**

To know the etiology, pathology, complications, diagnosis and treatment of bladder outlet obstruction, benign prostatic hyperplasia and urethral stricture.

#### **Contents:**

Bladder outlet obstruction

Benign prostatic hyperplasia

Urethral stricture

#### Lecture (10) Title: Hydronephrosis, vesicoureteral reflux and ureteric stricture

Oxford Handbook of Urology (fourth edition 2019), chapter 10 P 501, chapter 16 P 669

#### **Specific learning Objectives:**

To know the causes and sequelae of hydronephrosis.

To describe clinical presentation, diagnostic modalities and treatment for patients with hydronephrosis.

#### **Contents:**

Hydronephrosis Vesicoureteral reflux Ureteric stricture

#### Lecture (11) Title: General aspects of Urolithiasis and renal stones

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 9 P 437

#### **Specific learning Objectives:**

To know the etiology, clinical manifestations, complications, and treatment plans for renal stones.

To know how renal stones appear on ultrasonography, KUB X-ray and MSCT.

#### **Contents:**

General aspects of Urolithiasis

Renal stones

#### Lecture (12) Title: Ureteric, bladder and urethral stones

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 9 P 437

#### **Specific learning Objectives:**

To know the etiology, clinical manifestations, complications, and treatment plans for ureteric, bladder and urethral stones.

To know how ureteric, bladder and urethral stones appear on ultrasonography, KUB Xray and MSCT.

#### **Contents:**

Ureteric stones Bladder stones Urethral stones

#### Lecture (13) Title: Erectile dysfunction and Ejaculatory disorders

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 13 P 581

#### **Specific learning Objectives:**

To know the etiology, diagnostic modalities and treatment plans for patients with erectile dysfunction and ejaculatory disorders.

#### **Contents:**

Erectile dysfunction

Ejaculatory disorders.

# Lecture (14)

#### Title: Male subfertility and Varicocele

Oxford Handbook of Urology (fourth edition 2019), chapter 12 P 555

#### **Specific learning Objectives:**

To describe the etiology, diagnostic modalities and treatment plans for patients with male subfertility and varicocele.

#### **Contents:**

Male subfertility

Varicocele

#### Lecture (15) Title: Andrologic emergencies and Male circumcision

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter

12 Oxford Handbook of Urology (fourth edition 2019), chapter 11 P 515

#### Specific learning Objectives:

To be able to diagnose various andrologic emergencies and to be oriented with their appropriate management.

To know the indications, techniques and complications of circumcision.

#### **Contents:**

Andrologic emergencies

Male circumcision

#### Lecture (16)

#### **Title: Renal transplantation**

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 13 Oxford Handbook of Urology (fourth edition 2019),chapter 18 P 827

Specific learning Objectives:

To know the advantages of renal transplantation over dialysis as a renal replacement therapy.

To know the contraindications, prerequisities and complications of renal transplantation

#### **Contents:**

Renal transplantation

#### Lecture (17) Title: Urinary incontinence and Nocturnal enuresis

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 5 P 129,chapter 16 P 669

#### **Specific learning Objectives:**

To know the types of urinary incontinence, how to differentiate between them and the broad lines of their treatment.

To know the etiology, clinical presentation, diagnostic modalities and treatment plans for patients with nocturnal enuresis.

#### **Contents:**

Urinary incontinence Nocturnal enuresis

#### Lecture (18) Title: Neuropathic bladder and Overactive bladder

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 14 P 621

#### **Specific learning Objectives:**

To know the etiology, clinical presentation, diagnostic modalities and treatment plans for patients with overactive bladder and neuropathic bladder.

#### **Contents:**

Neuropathic bladder Overactive bladder

#### Lecture (19)

#### Title: Renal tumors

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 7 P 252

#### **Specific learning Objectives:**

To know the classification pathology, clinical presentation, investigations and management strategies of renal tumors

#### **Contents:**

Renal tumors

#### Lecture (20)

#### **Title: Bladder tumors**

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 7 P 252

#### **Specific learning Objectives:**

To know the classification pathology, clinical presentation, investigations and management strategies of bladder cancer.

To list the various types of urinary diversions after radical cystectomy.

#### **Contents:**

Bladder tumors

#### Lecture (21)

#### **Title: Prostate and testicular tumors**

USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12 Oxford Handbook of Urology (fourth edition 2019),chapter 7 P 252

#### **Specific learning Objectives:**

To mention the pathology, diagnosis and treatment strategies of prostate cancer and testicular tumors.

#### **Contents:**

Prostate cancer

Testicular tumors

#### Lecture (22)

#### **Title: Urological catheters**

Oxford Handbook of Urology (fourth edition 2019), chapter 17 P 731

#### **Specific learning Objectives:**

To list and identify the various types of catheters used in urologic practice and their indications and contraindications.

To know the appropriate technique of urethral catheterization.

#### **Contents:**

Urethral and ureteric catheters

Percutaneous nephrostomy and cystotostomy tubes

# Outlines of topics for self directed learning and case based discussions

<u>Case 1:</u> Lower urinary tract symptoms <u>Related lectures:</u> Urological symptoms, Bladder outlet obstruction, Neuropathic bladder&Overactive bladder. number 1, 9, 18 <u>Title:</u> Lower urinary tract symptoms <u>Source:</u> Oxford Handbook of Urology (fourth edition 2019),chapter 2 P7, chapter 4 P71, chapter 14 P 621 <u>Specific learning Objectives:</u> To know the lower urinary tract symptoms, their causes and how to analyse them through history taking to reach a provisional diagnosis

#### Case 2: Benign prostatic hyperplasia

<u>Related lectures:</u> Urological symptoms, Bladder outlet obstruction, Neuropathic bladder & Overactive bladder. number 1, 9, 18 <u>Title:</u> Benign prostatic hyperplasia <u>Source:</u> Oxford Handbook of Urology (fourth edition 2019),chapter 2 P7, chapter 4 P71, chapter 14 P 621

**SpecificlearningObjectives:** To know the presentation, physical signs, essential investigations, complications and main lines of treatment in a case with benign prostatic hyperplasia

Case 3: Hematuria

**<u>Related lectures:</u>** Urological symptoms, General aspects of Urolithiasis, Renal tumors, Bladder tumors. number 1, 11, 19, 20

Title: Hematuria

Source: USMLE Step 2 CK lecture notes on surgery (Kaplan Medical 2019) Chapter 12

Oxford Handbook of Urology (fourth edition 2019), chapter 2 P7, chapter 9 P 437, chapter 7 P 252

**SpecificlearningObjectives:** To know the causes of hematuria and how to differentiate between them through history taking, physical examination and investigations

Case 4: Loin pain

**Related lectures:** Urological symptoms, Hydronephrosis, General aspects of Urolithiasis. number 1, 10, 11

Title: Loin pain

Source: Oxford Handbook of Urology (fourth edition 2019), chapter 2 P7, chapter 16 P 669, chapter 9 P 437

<u>SpecificlearningObjectives:</u> To know the causes of loin pain and how to differentiate between them through history taking, physical examination and investigations

<u>Case 5:</u> Anuria <u>Related lectures:</u> Urological symptoms, General aspects of Urolithiasis. number 1, 11 **Title:** Anuria

Source: Oxford Handbook of Urology (fourth edition 2019),chapter 2 P7, chapter 4 P71

<u>SpecificlearningObjectives:</u> To know the definition, types and causes of anuria and how to manage

Case 6: Acute urinary retention

**<u>Related lectures:</u>** Urological symptoms, Bladder outlet obstruction,. number 1, 9

#### Title: Acute urinary retention

Source: USMLE Step 2 CK lecture notes on surgery (Kaplan Medical

2019) Chapter 12

Oxford Handbook of Urology (fourth edition 2019),chapter 2 P7, chapter 4 P71

**SpecificlearningObjectives:** To know the definition, types and causes of urinary retention and how to manage

<u>Case 7:</u> Scrotal swelling and acute scrotum <u>Related lectures:</u> Focused urologic examinations,Andrologic emergencies. number 2, 15 <u>Title:</u> Scrotal swelling and acute scrotum

Source: USMLE Step 2 CK lecture notes on surgery (Kaplan Medical

2019) Chapter 12

Oxford Handbook of Urology (fourth edition 2019), chapter 2 P7, chapter 11 P 515

SpecificlearningObjectives: To knowcauses of scrotal swellings and acute scrotal conditions in addition toanalyse them through history taking and clinical examination to reach a provisional diagnosis and how to select the proper treatment

Case 8: Hypospadias

**<u>Related lectures:</u>** Focused urologic examinations, lower urinary tract congenital anomalies. number 2, 8

#### Title: Hypospadias

Source: USMLE Step 2 CK lecture notes on surgery (Kaplan Medical

2019) Chapter 12

Oxford Handbook of Urology (fourth edition 2019), chapter 2 P7, chapter 16 P 669

**SpecificlearningObjectives:** To know how to examine and evaluate a case with hypospadias

#### Case 9: Testicular maldescent Related lectures: Focused urologic examinations, Testicular maldescent. number 2, 8 <u>Title:</u> Testicular maldescent Source: Oxford Handbook of Urology (fourth edition 2019), chapter 2 P7, chapter 16 P 669 <u>SpecificlearningObjectives:</u> To know the types of testicular maldescentand how to differentiate between them through history taking and clinical examination

# **Outlines of practical/ clinical sessions**

Session (1)

#### Title:KUB and MSCT.

#### **Specific learning Objectives**

- To be able to examine and interpret the normal findings detected by KUB-X-ray and MSCT KUB

#### Session (2) Title: Imaging of hydronephrosis.

#### **Specific learning Objectives**

- To be able to examine and interpret images of hydronephrosis including ultrasonography and MSCT

## Session (3)

## Title: Imaging of urinary tract stones.

#### **Specific learning Objectives**

- To be able to examine and interpret images of urinary stones includingultrasonography, KUB and MSCT

#### Session (4) Title: Imaging of bladder cancer.

#### **Specific learning Objectives**

- To be able to examine and interpret images of bladder cancer including ultrasonography and MSCT

#### Session (5)

#### Title: Loin examination.

#### **Specific learning Objectives**

- To be able to examine the loin to detect any abnormal findings at this region.

Session (6)

#### **Title: Imagingof renal tumors.**

#### **Specific learning Objectives**

- To be able to examine and interpret images of renal tumors including ultrasonography and MSCT

#### Session (7)

#### Title: Urologic catheters.

#### **Specific learning Objectives**

- To be able toidentify different urologic catheters and their specific indications

#### Session (8)

#### Title: Urine analysis.

#### **Specific learning Objectives**

- To be able toread and interpret the normal and abnormal findings on urine analysis

#### Session (9)

#### Title: Semen analysis.

#### Specific learning Objectives

- To be able toread and interpret the normal and abnormal findings on semen analysis

Session (10) Title: Male external genitalia examination.

Specific learning Objectives

- To be able to examine the male external genitalia to detect any abnormal findings at this region.

#### Session (11) Title: Digital rectal examination.

#### **Specific learning Objectives**

- To be able toperform digital rectal examination for the adult male to detect any abnormal finding

1

# **Time Table of the block**